

Handy Man

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Easy Improver
編舞者: Stella Kim (KOR) - May 2017
音樂: Handy Man by Mayer Hawthorne



Intro: 32 counts

SEC 1: (DIAGONAL FORWARD LOCK STEP, BRUSH) x2

1-4 RF diagonal forward, LF behind lock RF, RF diagonal forward, LF brush
5-8 LF diagonal forward, RF behind lock LF, LF diagonal forward, RF brush

SEC 2: (DIAGONAL FORWARD SWIVEL, HOLD) x 2, BOOGIE WALKS

1-4 RF diagonal forward with LF swivel heel L, hold, LF diagonal forward with RF swivel R, hold
5-6 RF diagonal forward with LF swivel heel L, LF diagonal forward with RF swivel R
7-8 RF diagonal forward with LF swivel heel L, LF diagonal forward with RF swivel R

SEC 3: PIVOT 1/2 L, PIVOT 1/4 L

1-4 RF forward, hold, pivot 1/2 turn L (weight LF), hold
5-8 RF forward, hold, pivot 1/4 turn L (weight LF), hold

SEC 4: (JAZZ BOX, BRUSH) X2

1-4 RF cross over LF, LF back, RF side, LF brush over RF
5-8 LF cross over RF, RF back, LF side, RF brush over LF **restart here

SEC 5: (FORWARD, BACK TOUCH, IN PLACE, SCUFF) X2

1-4 RF forward, LF back touch (slightly bend both knees), LF in place, RF forward scuff (stretch both knees)
5-8 Repeat upper step

SEC 6: FORWARD, HOLD, PIVOT 1/2 R, TOE STRUT X2

1-4 RF forward, hold, LF forward, pivot 1/2 turn R (weigh RF)
5-8 LF forward toe touch, LF heel down, RF forward toe touch, RF heel down

SEC 7: (SIDE ROCK, RECOVER, FORWARD, HOLD) X2

1-4 LF side rock, RF recover, LF forward, hold
5-8 RF side rock, LF recover, RF forward, hold

SEC 8: FORWARD MAMBO, HOLD, (BACK JAZZ JUMP, SNAP) X2

1-4 LF forward rock, RF recover, LF back, hold
&5-6 RF back out, LF back out, hold (snap finger)
&7-8 RF back out, LF back out, hold (snap finger)

RESTART: On the 4th wall, you should dance until 32counts and start again.

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<http://www.youtube.com/user/thetrianglelinedance> <https://www.facebook.com/sktelkmh>