

# There's Nothing Holdin' Me Back

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Sue Ann Ehmann (USA) - May 2017  
音樂: There's Nothing Holdin' Me Back - Shawn Mendes : (CD: Illuminate)



Music Available on amazon and iTunes

Intro: 16 counts (lyrics)

## [1-8] □ SAMBA, CROSS, BALL, CROSS, SIDE ROCK-RECOVER, 3/4 RIGHT TRIPLE

1&2      Step right across left, rock left to side, recover right stepping slightly forward  
3&4      Step left across right, ball step right to side, step left across right  
5-6      Rock right to side, recover left  
7&8      Turn 1/4 right stepping right to side, step left beside right, turn 1/2 right stepping right forward (9:00)

## [9-16] □ FORWARD ROCK-RECOVER, 1/2 LEFT TRIPLE, RIGHT WIZARD, LEFT WIZARD

1-2      Rock left forward, recover right  
3&4      Turn 1/4 left stepping left to side, step right beside left, turn 1/4 left stepping left forward (3:00)  
5-6&      Step right diagonally forward, lock left behind right, step right diagonally forward  
7-8&      Step left diagonally forward, lock right behind left, step left diagonally forward

## [17-24] □ ROCK FORWARD, & ROCK FORWARD, & TOUCH, KICK, & TOUCH, KICK

1-2      Rock right forward, recover left,  
&3-4      Step right beside left, rock left forward, recover right  
&5-6      Step left beside right, touch right beside left, kick right forward  
&7-8      Step right beside left, touch left beside right, kick left forward

## [25-32] □ STEP, CROSS, BRUSH/SWEEP, 1/4 RIGHT SAILOR, SIDE ROCK, RECOVER, & SIDE, TOUCH

&1-2      Step left beside right, step right across left, brush left beside right  
3&4      Sweep left behind right, turning 1/4 right rock right to side, recover left to side - (6:00)  
5-6      Rock right to side, recover left  
&7-8      Step right beside left, step left to side, touch right beside left

## [33-40] □ DIAGONAL STEP, HOLD, SAILOR FORWARD, DIAGONAL STEP, HOLD, SAILOR FORWARD

1-2      Step right to forward right diagonal, hold  
3&4      Drag left behind right, rock right to side, recover left diagonally forward  
5-6      Step right to forward right diagonal, hold  
7&8      Drag left behind right, rock right to side, recover left diagonally forward

## [41-48] □ CROSS, BACK, TRIPLE DIAGONALLY BACK, CROSS, BACK, 1/4 LEFT TRIPLE

1-2      Step right across left, step left back  
3&4      Step right diagonally back, step left beside right, step right diagonally back  
5-6      Step left across right, step right back (squaring up to 12:00)  
7&8      Turning 1/4 left step left to side, step right beside left, step left to side (3:00)

## [49-56] □ JAZZ BOX, ROCK, RECOVER, COASTER

1-4      Step right across left, step left back, step right to side, step left beside right  
5-6      Rock right forward, recover left  
7&8      Step right back, step left beside, right, step right forward

## [57-64] □ ROCK, RECOVER, TRIPLE FULL TURN LEFT, RIGHT VINE 1/4 STEP

- 1-2 Rock left forward, recover right  
3&4 Make a full turn left stepping left, right, left in place (3:00)  
5-8 Step right to side, step left behind right, turning 1/4 right step right forward, step left beside right□(6:00)

**BEGIN AGAIN!**

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