

# Head & Heart

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Jan Brookfield (UK) - May 2017  
音樂: The Head and Heart - David Starr



A gentle two-step style line dance (S,S,QQ,S) Start after 11 secs on vocals.

## Section 1 : SWAY x 2, SIDE, CLOSE, FORWARD; SWAY x 2, SIDE, CLOSE, FORWARD

1,2            Step R to right side swaying hips to right, transfer weight onto L swaying hips left  
3&4           Step R to right side, close L to R, step R forward  
5,6           Step L to left side swaying hips to left, transfer weight onto R swaying hips right  
7&8           Step L to left side, close R to L, step L forward

## Section 2 : ROCK, RECOVER, COASTER, ROCK, RECOVER, ½ TURN SHUFFLE

9,10           Rock R forward, recover onto L  
11&12        Step R back, step L next to R, step R forward  
13,14        Rock L forward, recover onto R  
15&16        Making a half turn over left shoulder shuffle forward on L,R,L (6 o'clock)

## Section 3 : STEP, ¼ PIVOT, CROSS SHUFFLE, ROCK SIDE, RECOVER, BEHIND, SIDE, CROSS

17,18        Step R forward, pivot a quarter turn left transferring weight onto L (3 o'clock)  
19&20        Shuffle across in front to left side on R,L,R  
21,22        Rock L to left side, recover onto R  
23&24        Step L behind R, step R to right side, step L across in front of R

## Section 4 : ¼ TURN PADDLES x 2, REVERSE SAILOR STEP x 2 (S,S,S,S, QQ,S,QQ,S)

25,26        Step R to right side, pivot quarter turn left transferring weight onto L  
27,28        Repeat steps for counts 25,26 (now facing 9 o'clock)  
29&30        Step R across in front of L, step back L out to left side, step R out to right side  
31&32        Step L across in front of R, step back R out to right side, step L out to left side

\*\*\* TAG NEEDED HERE AFTER WALLS 2 AND 5

## \*\*\* TAG 4 COUNTS : SIDE , TOUCH, SIDE, TOUCH

1,2,3,4        Step R to right side, touch L next to R; step L to left side, touch R next to L