

Work, Work

拍數: 48 牆數: 4 級數: Improver / Intermediate
編舞者: Rob Fowler (ES) & Darren Bailey (UK) - May 2017
音樂: Go to Work - Cat Beach



Intro: 16 counts

S1: Slide forward to R diagonal, Touch, Slide back to L diagonal, Ball, Cross

1-2 Take a big step forward to R diagonal with RF, Drag LF towards RF
3-4 Continue to drag LF, Touch LF next to RF
5-6 Take a big step back to L diagonal with LF, Drag RF towards LF
7&8 Continue to drag RF, Close RF next to LF, Cross LF in front of RF

S2: Step to R, Hold, ½ turn L step to L, Hold, Jazz Box

1-2 Step RF to R side, Hold
3-4 Make a ½ turn L and step LF to L side, Hold
5-6 Cross RF over LF, Step ack on LF
7-8 Step RF to R side, Cross LF over RF

S3: Jump to R, Hold, Jump to L, Hold, Jump forward, Jump back, Walk R, L

&1-2 Jump RF to R side, Touch LF next to RF, Make a little bounce in the body
&3-4 Jump LF to L side, Touch RF next to LF, Make a little bounce in the body
&5&6 Jump RF forward, Close LF next to RF, Jump RF back, Close LF next to RF
7-8 Step forward on RF, Step forward on LF

S4: Anchor step, Full turn L, ¼ L with side, Hold, Ball, cross

1&2 Cross RF behind LF, Step LF in place, Step back on RF
3-4 Make a ½ turn L and step forward on RF, Make a ½ turn L and step back on RF
5-6 Make a ¼ turn L and take a big step to the L, Hold
7&8 Hold, Step RF next to LF, Cross LF in front of RF

Restart here on wall 6

S5: Monterey ½ turn R, Side switches, Forward switches

1-2 Point RF to R side, Make a ½ turn R closing RF next to LF
3-4 Point LF to L side, Close LF next to RF
5&6& Point RF to R side, Close RF next to LF, Point LF to L side, Close LF next to RF
7&8& Point RF forward, Close RF next to LF, Kick LF forward, Step onto LF

S6: Step, Touch, Step, Heel, 1/2 turn L, Full turn L, Walks x2

1&2& Touch RF behind LF, Step back on RF, Touch L heel forward, Close LF next to RF
3-4 Step forward on RF, Make a ½ turn L
5-6 Make a ½ turn L and step back on RF, Make a ½ turn L and step forward on LF
7-8 Step forward on RF, Step forward on LF

Restart: on in wall 6 after 32 counts.

Hope you enjoy the dance.

Live to Love; Dance to Express.