Let Me Rock

拍數: 32

級數: Intermediate

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音樂: Sometimes - Kat Graham

Intro : 32 count	
Sec1 : Side Toe Switch R, L, R, Recover on R, R Hip Bump, Ball Cross, Step L back	
1&2	Touch R to R, step R next to L , touch L to L
[Hand movement : Cross R hand over L (1), open both hand to the side (2)]	
&3 4	Step L next to R, touch R to R, step down on R
[Hand movement : Move R hand like drawing "S" from front to above head]	
5 – 6	R hip bump twice [Move your R palm as you nod your head down & up]
& 7 8	Step L next to R, cross R over L, step back on L
Sec 2 : R Coaster, Step L forward, Brush and Hitch R, Press R forward, Row R Hip Forward & Backward	
1&2	Step back on R, step L next to R, step R forward
&3&4	Step L forward, brush and hitch R, press R forward
5 – 8	Row your R hip forward and backward twice (end weight on L)
[Hand movement : Row your hand like rowing a boat]	
Sec 3 : R Coaster Cross Shuffle, 1/2 turning L , Touch to R, Body roll to R & L	
1&2	Step back on R, step L next to R, cross R over L
& 3 4	Step L to L, cross R over L, 1/2 turn L stepping on L (weight on L) [6]
5 – 8	Step R to R as you body roll to the R , step on L body roll to the L (end weight on L) $% \mathcal{L}(\mathcal{L})$
Sec 4 : Walk forward R L, Step to R and L, Recover, Cross L over R, Touch to R 1/4 turning L, Move R Knee	
Out, In, Out, Close both feet.	
1 – 2	Walk forward R, walk forward L
&3&4	Step R to R, step L to L, step R to center, cross L over R
5 – 8	Touch R to R 1/4 turning L, move your R knee out, in, out, close both feet together (with a little jump). [3]
[Hand movement; snap your finger next to R knee in sequence as you move]	

End facing 9 o'clock – on count 8

Closed both feet ~ snap your finger to R side by overlooking your R shoulder.

**** Happy Dancing ! ****

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Last Update - 7th May 2017





牆數:4