

Settle It Down

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Kristal Lynn Konzen (USA) - May 2017
音樂: Love Again - Todd O'Neill



Hold 24 counts; begin dancing when Todd starts singing

Section 1: Two Diagonal Lock Steps, Scuff to Step in Place, Double Hip Bump (or twists)

1&2 Step diagonal R forward, step L directly behind R, step R forward
3&4 Step diagonal L forward, step R directly behind L, step L forward
5&6 Scuff right foot forward, step R foot down, step L next to R
7,8 Double hip bump to the right

Section 2: Left Vine with ¼ Turn Left, Hitch, Drag back, Coaster Step

1,2,3 Step L to side, step R foot behind L, step L to L side with a ¼ turn Left
4 Scuff R foot up to Hitch (9:00)
5,6 Step back onto R foot, drag L foot in front of R
7&8 Step slightly behind with L, step R together, step L foot slightly forward

Section 3: Skater Steps to Right, Skater Steps to Left with 1 ¼ Turn

1,2 Step (slide motion) onto R foot, step (slide motion) onto L foot
3&4 Step R to side, step L in to meet R, step R foot out
5,6 Step (slide motion) onto L foot, step (slide motion) onto R foot
7&8 Step ¼ onto L, step R close ½ turn, step L ¼ turn over Left shoulder (6:00)

Section 4: Three Turning Shuffles, ¼ Turn Left Sailor Step

1&2 Step R side, step L together, step R side
3&4 Step L side as ¼ turn, step R together, step L side
5&6 Step R side as ¼ turn, step L together, step R side
&7,8 Step back onto L foot as ¼ turn, step R next to L, step L forward (9:00)

BEGIN AGAIN

Have fun!

XO Kristal Lynn

****Please do not alter this stepsheet in any way, unless granted specific permission by Kristal Lynn Konzen.****
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