

Break It Back

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Peter Davenport (ES) - May 2017
音樂: Break It Back Down - Pat Green



#48 Count Intro, Track Length 3.54

S1; L lock, L Lock, Rock Replace Sailor ¼ L

1.2 Step forward on L, Lock R behind L□□□□□□12
3.4 Step forward on L, Lock R behind L□□□□□□12
5.6 Rock forward on L, Recover on R□□□□□□12
7&8 ¼ Sailor step L□□□□□□□□9

S2; 2 x Paddle ¼ L, Syncopated Jazz Box

1.2 Step forward on R, Pivot ¼ L□□□□□□□6
3.4 Step forward on R, Pivot ¼ L□□□□□□□3
5.6 Cross R over L, Step back on L□□□□□□□3
&7 Step R to R side (&) Cross L over R□□□□□□3
8 Step R to R□□□□□□□□□3

S3; Rock Back, Kick Ball Cross, Rock Turn ¼ R, Shuffle L

1.2 Rock L behind R, Recover on R□□□□□□□3
3&4 L kickball Cross□□□□□□□□3
5.6 Rock L out to L, Recover making ¼ R□□□□□□6
7&8 L shuffle forward L.R.L□□□□□□□6

S4; Cross Back Side Cross Back, Step ¼ L, Back Touch

1.2 Cross R over L, Step back on L (angle body R)□□□□□6
3.4 Step R to R side, Cross L over R (angle body L)□□□□□6
5.6 Step back on R, ¼ L step forward on L (angle body L)□□□□9
7.8 Step back on R, Touch L toe to R□□□□□□9

No Tags No Restarts

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