

Hey Doll

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Roy Verdonk (NL), Betty Alart (FR) & Jef Camps (BEL) - April 2017
音樂: Hey Doll - RuPaul : (Album: American- iTunes)



Start on the vocals

OUT-OUT, HEEL BOUNCE, SAILOR STEP, BEHIND, ¼ FWD, ½ BACK, ¼ SIDE ROCK/RECOVER

&1-2 RF step forward & out, LF step forward & out, bounce both heels
3&4 LF cross behind RF, RF step side, LF step side
5&6 RF cross behind LF, ¼ turn L & LF step forward, ½ turn L & RF step back (3:00)
7-8 ¼ turn L & LF rock side, recover on RF (12:00)

BEHIND-SIDE-CROSS, TOUCH/BUMP, SIDE, ROCK BACK/RECOVER, ¼ SIDE, BEHIND-SIDECROSS

1&2 LF cross behind RF, RF step side, LF cross over RF
3&4 RF push on toe sideways and bump hips R, recover on LF, RF step side
5&6 LF rock back, recover on RF, ¼ turn R & LF step side (3:00)
7&8 RF cross behind LF, LF step side, RF cross over LF

1/8 FWD, KICK-BALL-STEP, HEEL SWIVEL, 1/8 COASTER STEP, 2 X ¼ PADDLE TURNS

1-2& 1/8 turn L & LF step forward, RF kick forward, RF close next to LF (1:30)
3&4 LF step slightly forward, twist both heels L, bring heels back to center (1:30)
5&6 LF step back, 1/8 turn R & RF close next to LF, LF step forward (3:00)
&7&8 ¼ turn on LF, RF touch side, ¼ turn on LF, RF touch side (9:00)

CROSSING HEEL JACK, DIAG. STEP, LOCK, DIAG. STEP-LOCK-STEP, 3/8 CHASE TURN

1&2 RF cross over LF, LF step side, RF dig heel diagonally R-forward (10:30)
3-4 RF step diagonally R-forward, LF lock behind RF (10:30)
5&6 RF step diagonally R-forward, LF lock behind RF, RF step diagonally R-forward (10:30)
7&8 LF step diagonally R-forward, make 3/8 turn R putting weight on RF, LF step forward (3:00)

Start over & have fun!

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