

The Only One

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 3 級數: Intermediate
編舞者: Glenda Silver (AUS) - February 2017
音樂: Am I the Only One - Dierks Bentley : (Album: Home - 3:10)



Intro: □ 32 Counts

S1: R 45, L 45, Bronco Twist R & L

1-4 Touch R heel on R 45, Step R together, Touch L heel on L 45, Step L together
5-6 With weight on left toe / right heel: twist to face R, Return to centre
7-8 With weight on right toe / left heel: twist to face L, Return to centre

S2: 2x Montereys 1/2 R

1-4 Point R to R side, 1/2 R Step R together, Point L to L side, Step L together
5-8 Point R to R side, 1/2 R Step R together, Point L to L side, Step L together

S3: R Lock Step Fwd, L Lock Step Fwd

1-4 Step R fwd, Lock L behind R, Step R fwd, Scuff L next to R
5-8 Step L fwd, Lock R behind L, Step L fwd, Scuff R next to L

S4: Vine R, Vine L

1-4 Step R to R side, Step L behind R, Step R to R side, Touch L together
5-8 Step L to L side, Step R behind L, Step L to L side, Touch R together

S5: Step Hold, 1/4 L Pivot Hold, Step Hold, 1/4 L Pivot Hold

1-4 Step R fwd, Hold, 1/4 L Pivot weight on L, Hold
5-8 Step R fwd, Hold, 1/4 L Pivot weight on L Hold (6:00) *Restart Here During Wall 5

S6: Cross Side Heel Together, Cross Side Heel Together

1-4 Cross R over L, Step L to L side, Touch R heel on R 45, Step R together
5-8 Cross L over R, Step R to R side, Touch L heel on L 45, Step L together

S7: Double Heel Fwd, Double Toe Back, Single Heel & Toe, Touch Side, 1/4 L Flick

1-4 Touch R heel fwd twice, Touch R toe back twice
5-6 Touch R heel fwd, Touch R toe back,
7-8 Touch R to R side, 1/4 L Flick R behind L knee

S8: Vine R, Vine L

1-4 Step R to R side, Step L behind R, Step R to R side, Touch L together
5-8 Step L to L side, Step R behind L, Step L to L side, Touch R together

TAG: □ At the end of Wall 2 (Facing 6:00) – Add the following 12 Counts

1-4 Step R fwd, Hold, 1/4 L Pivot weight on L, Hold
5-8 Step R fwd, Hold, 1/4 L Pivot weight on L, Hold
9-12 Step R fwd, Hold, 1/4 L Pivot weight on L, Hold

Restart: During Wall 5, Dance to Count 40, Restart Facing 9:00*

Finish: □ Wall 8 facing 3:00, Dance to Count 40, then Add the following 4 Counts

1-4 Point R to R side, 1/4 R Step R together, Point L to L side, Step L together.

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