

# How Not To

拍數: 32      牆數: 4      級數: Low Intermediate NC2S  
編舞者: April Coady (IRE) - May 2017  
音樂: How Not To - Dan + Shay : (Album: Obsessed)



Intro: 16 counts, start on Lyrics

Restart : Wall 3

**S1: L Drag, R Sailor Step, Lock L Behind R, R Shuffle Fwd, L Coaster Step, Pivot ½ Turn R, Run R,L,R Sweeping L.**

1                    Step L long step to L,  
2&3&                Step R behind L, Step L to L side, step R in place, lock L behind R  
4&5                    Step R Fwd, lock L behind R, step R fwd  
6&7&                Step L back, step R beside L, step forward L, Pivot ½ turn R (keeping weight on the L)  
8&1                    Step R Fwd, Step L Fwd, Step R Fwd while sweeping L from back to front. (optional full turn)

**S2 : L Front Weave, R Side Rock Recover, ¼ turn R, Walk Fwd R,L,R, L Side Rock, Recover, Cross L over R**

2&3                    Cross L over R, Step R to R side, Cross L behind R  
&4&                    Rock R to R side, step L in place, Make ¼ turn R (keeping the weight on the L)  
5 6 7                    Walk forward R, L, R

**Restart here during Wall 3 (3:00) Touch L beside R as count 8**

8&8                    Rock L to L side, recover, Cross L over R

**S3: ¼ Monterey R, L Scissor Step, R Chasse, Back Rock L, Recover, Rolling vine 1¼ turn L with sweep**

12                    Point R to R side, Close R beside L turning ¼ turn R (optional 1¼ Monterey turn)  
&3&                    Step L to L side, Step R beside L, Step L across R,  
4&5                    Step R to R side, Close L beside R, Step R to R side  
67                    Rock L back diagonally behind R (looking over R shoulder), Recover on to R  
8&1                    Step L fwd making a ¼ turn L, Step R back making ½ turn L, Step L fwd making ½ turn L, sweeping R to front

**S4: R Front, L Side, R Behind Sweep, L Behind, R Side, L Front, ½ Monterey Turn R, Sway L, Sway R**

2&3                    Step R over L, Step L to L side, Step R behind L sweeping L from front to back  
4&5                    Step L behind R, Step R to R side, Step L over R  
67                    Point R to R side, Closing R beside L making a ½ turn R.  
8&                    Sway L, sway R

Start Again! - Happy Dancing..

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