The Bells Are Ringing



拍數: 32 牆數: 2 級數: Easy Intermediate

編舞者: Hiroko Carlsson (AUS) - May 2017

音樂: The Bells Are Ringing - The Van Dykes: (iTunes)



(Intro: 16 count / Start on vocals)

[S1] 2x Syncopated Back-Lock-Back, Rock Back-Recover, &, 2x Syncopated Twinkle, Fwd Rock-Recover, &

1&a	Step R back, Cross L over R, Step R back
2&a	Step L back, Cross R over L, Step L back
3 4&	Rock R back, Recover weight on L, Step R beside L**
5&a	Diagonally cross L over R, Side rock R, step L beside R

Diagonally cross R over L, Side rock L, step R beside L 6&a

7 8& Rock L fwd, Recover weight on R, Step L beside R

[S2] Paddle Turn, Syncopated Weave L with Sweep, 1/4L Syncopated Weave L with Sweep, 1/4L Syncopated Weave L with Sweep

12 Step R fwd, Turning 1/4L weight on L (9:00)

Cross R over L, Step L to side, Step R behind L, Step L to side and sweep R around L 3&a4 Turning 1/4L and cross R over L, Step L to side, Step R behind L, Step L to side and sweep 5&a6

R around L

7&a8 Turning 1/4L and cross R over L, Step L to side, Step R behind L, Step L to side and sweep

R around L (3:00)

[S3] Cross Rock, 1/4R Shuffle Fwd, Pivot Turn, R Triple Turn Fwd,

12 Cross R over L, Recover weight on L

3&4 Turning 1/4R step R fwd, Step L next to R, Step R fwd

56 Step L fwd, Turning 1/2R recover weight on R

Step L fwd turning 1/2R, turning further 1/2R step R fwd, Step L fwd (12:00) 7&8

[S4] Side Rock-Recover, &, Side Rock-Recover, &, Pivot Turn, Syncopated Waltz Fwd-Waltz Back

1 2&	Step R to side, Recover weight on L, Step R together
3 4&	Step L to side, Recover weight on R, Step L together
5 6	Step R fwd, Turning 1/2L recover weight on L
7&a	Step R fwd, Step L beside R, Step R next to L

8&a Step L back, Step R beside L, Step L next to R

Restart: Wall 3 Count 4** and Wall 6 Count 4** with step changes (both facing 12:00)

Change to

3 4& Rock R back, Recover weight on L, Touch R beside L weight on L

(Updated: 25/Apr/17)

Please contact me.

I will send Demo via e-mail as an attachment. (hirokocarlsson@gmail.com)