COPPER KNOB

拍數: 64

編舞者: Linda McCormack (UK) - April 2017

牆數:2

音樂: Issues - Julia Michaels

Notes: start after 16 counts (on lyrics)

[1-8] Cross with sweep (flexed foot) turning 1/8th, rock forward, recover, ½, rock forward, recover with sweep, step back, ½ turn presenting heel (head back.)

級數: Advanced

- 1,2 Cross LF over right as you sweep the RF (flexed foot) round and over LF, turning 1/8th to the left (1,2);
- 3,4 Rock forward on RF (3); recover weight back onto LF (4);
- 5,6 ¹/₂ turn over R shoulder (4.30 wall) rocking forward on the RF (5); as you recover back onto the LF sweep the RF around (6);
- 7,8 Step back on the RF (7); ½ turn over L shoulder (back to 10.30 wall) placing left heel forward (toe pointing up) and head back (8);

[9-16] Head up, hold, rock, recover, ¼ slide and dip, ¾ step, walk back R, L.

- 1,2 Recover head looking forward as you transfer weight forward to LF (1); hold (2);
- 3,4 Rock forward on RF (4); recover weight back onto LF (4);
- 5,6 ¹/₄ turn to the right as you slide RF out and bend knees to dip (second position, plie') (5); transfer weight to the RF as you stand up, turning ³/₄ (back to 10.30 wall) stepping LF next to RF (6);
- 7,8 Walk back on RF (7); walk back on LF (8);

[17-24] ½ turn, ¼ sweep, cross, ¼ back, walk back L, R, left toe to side, 1/8th turn stepping down on LF.

- 1,2 ¹/₂ turn over right shoulder stepping down on RF as you sweep LF around a further ¹/₄ turn (6.00 wall) (1,2);
- 3,4 Cross LF over RF (3); 1/8th stepping back on RF (4.30 wall) (4);
- 5,6 Walk back on LF (5); walk back on RF (6);
- 7,8 Touch left toe to left side (7); 1/8th turn putting weight down on RF and squaring up to 3.00 wall (8);

[25-32] Sweep the R leg forward and hitch up the knee, lunge RF to side, touch L toe next to R, step diagonally forward, touch R toe, back, together.

- 1,2 Sweep R leg forward and hitch up at the knee (1,2);
- 3,4 Coming back through 1st position lunge RF to R side (3); straighten up touching left toe next to RF (4);
- 5,6 Step diagonally forward on LF (5); touch right toe next to LF (6);
- 7,8 Step back on the RF (7); step LF next to RF (8);

[33-40] Step, sweep, cross, back, step, sweep, cross, back.

- 1,2 Step slightly forward on the RF (1); sweep the LF around RF (2);
- 3,4 Cross the LF over the RF (3); step RF back (4);

Tag/ Restart: This is where Tag/Restart comes in (walls 2 & 4); step back on LF (5); ¹/₄ turn to the right rocking RF to right side (6); recover weight on LF to left side (7); step RF next to LF (8); Restart dance.

- 5,6 Step slightly back and to the left back diagonal on the LF whilst sweeping the RF around LF (5,6);
- 7,8 Cross the RF over the LF (7); step LF back (8);

[41-48] Rock back, recover, ½ chase turn, forward rock, recover, ¼ sway, ¼ recover.

- 1,2 Rock back on the RF (1); recover weight forward onto LF (2);
- 3&4& Step forward on RF (3); ½ turn over left shoulder whilst taking weight forward to LF (&); rock forward on RF (4); recover weight back onto LF (&);



- 5,6 1/4 turn to the right stepping RF to right side and swaying body to the right (5,6);
- 7,8 ¹/₄ turn to the left recovering weight back onto the LF (7,8);

[49-56] Step, sweep, cross, back, step, sweep, cross, back.

- 1,2 Step slightly forward on the RF (1); sweep the LF around RF (2);
- 3,4 Cross the LF over the RF (3); step RF back (4);
- 5,6 Step slightly back and to the left back diagonal on the LF (5); sweep the RF around LF (6);
- 7,8 Cross the RF over the LF (7); step LF back (8);

[57-64] Rock back, recover, ½ chase turn, forward rock, recover, ¼ sway, recover, together.

- 1,2 Rock back on the RF (1); recover weight forward onto LF (2);
- 3&4& Step forward on RF (3); ½ turn over left shoulder whilst taking weight forward to LF (&); rock forward on RF (4); recover weight back onto LF (&);
- 5,6 ¹/₄ turn to the right stepping RF to right side and swaying body to the right (5,6);
- 7,8 Step LF in place (7); step RF together (8);

Repeat the Tag/ Restart on the last wall to finish the dance on the front wall.