

Hey Little Sister

拍數: 40 牆數: 2 級數: Improver
編舞者: Helle Ingemann Petersen (DK) - April 2017
音樂: Hey Little Sister - Imany



Intro: 2X8

NOTE: Only the first 5 walls dance 40 count, then 32 count (sec.4)

S1: Right side Point , Left side Point , Right Heel forward, hook, heel, together, Left rock step, Left Coaster step.

1 &2& Point right toe to right side, step right beside left, point left toe to the left side, step left beside right
3&4& Touch right heel forward, hook right across left shin, touch right heel forward, step right beside left
5-6 Rock left forward, recover on right
7&8 Step back on left, step right next to left, step forward on left

S2: Right Shuffle forward, Left step forward, ¼ turn Right, Left cross (step turn cross), Right side rock, Right Sailor step ¼ turn Right.

1&2 Step forward right, close left beside right, step forward right
3&4 Step forward on left, pivot 1/4 turn right, cross left over right
5-6 Side rock to right side, recover on left
7&8 Cross right behind left ¼ turn right, step left next to right - step forward on right

S3: Heel Switches &, Left Shuffle forward, "Right toe touch (beside left), Left heel touch "X 2

1&2& Point left heel forward, step left next to right, point right heel forward, step right beside left
3&4 Step forward left, close right beside left, step forward left
5&6& Touch right toe beside left, step right beside left, point left heel forward, step left next to right
7&8& Touch right toe beside left, step right beside left, point left heel forward, step left next to right

S4: R Side rock L side rock, R rocking chair.

1-2& Side rock to right side, recover on left, step right beside left
3-4& Side rock to left side, recover on right, step left beside right
5-6 Step forward on right, recover weight on left,
7-8 Step back on right, recover weight on left

S5: R. Side rock, L side rock, R.rocking chair (only the first 5 walls)

1-2& Side rock to right side, recover on left, step right beside left
3-4& Side rock to left side, recover on right, step left beside right
5-6 Step forward on right, recover weight on left,
7-8 Step back on right, recover weight on left

* This dance is dedicated to my little sister *

Contact: britt@webnetmail.dk