

Be My Girl

拍數: 32 牆數: 4 級數: Improver NC
編舞者: Sebastiaan Holtland (NL) - April 2017
音樂: Be My Girl - Aaron Watson : (CD: Vaquero 2017 - iTunes & other mp3 sites - 4:11)



Introduction: 16 counts, start on approx 17 sec.
Sequences: 32, 32, 32, 32, 16, Tag, 32, 32, 32 ending.

Sec 1. [1-8] Basic Nightclub L, Basic Nightclub R with ¼ Turn L, ¼ Turn L with Sweep R, Syncopated Weave L, Sweep, Behind, ¼ Turn R, Side.

1,2& Step L to L drag R, Step R beside L, Step L across R.
3,4& Step R to R drag L, Making ¼ turn L (9) step L beside R, Step R across L.
5 Making ¼ turn L (6) step L forward, Sweep R from back to front.
6&7 Step R across L, Step L to L, Step R behind L and sweep L from front to back.
8& Step L behind R, Making ¼ turn R (9) step R to R.

Sec 2. [9-16] Syncopated Cross Rocks / Recover L, R, Cross, ¾ Unwind R with Sweep R, Back Rock / Recover, ¼ Turn L, Hitch R, Hold.

1,2& Step L across R forward, Recover back onto R, Step L to L.
3,4& Step R across L forward, Recover back onto L, Step R to R.
5-6 Step L across R, Unwind ¾ R (6) over R shoulder and sweep R from front to back.
7,8& Step R back, Recover back onto L, Making ¼ turn L (9) over L and hitch R knee up, Hold.
(NB: Tag here in wall 5 after 16 counts (facing 3 o'clock), after start again).

Sec 3. [17-24] 2x Basic Nightclub R, L, Side, Behind, ¼ Turn R, Side, Step, Sweep R.

1,2& Step R to R drag L, Step L beside R, Step R across L.
3,4& Step L to L drag R, Step R beside L, Step L across R.
5,6& Step R to R, Step L behind R, Making ¼ turn R (6) step R to R.
7 Step L forward and sweep R from back to front.

Sec 4. [25-32] ¼ Nightclub Diamond R, Side, Together, Step, ¼ Walking Circle L Syncopated L, R, Step, Rise R, Cross.

8&1 Step R across L, Making 1/8 turn R (7.30) step L to L, Step R back.
2&3 Step L back, Making 1/8 turn R (9.00) step R to R, Step L forward.
4&5 Step R to R, Step L beside R, Step R forward (technical: Slightly diagonal).
6&7 L + R walking ¼ circle L to 3 o'clock, Step L forward and rise your R leg up.
8 Step R across

TAG:

Basic Nightclub R, Side, Together.

1,2& Step R to R drag L, Step L beside R, Step R across L.
3-4 Step L to L, Step R beside L weight onto R.

REPEAT DANCE AND HAVE FUN!!

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