

Adios

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Kim Liebsch (DK) - April 2017
音樂: Ciao Adiós - Anne-Marie : (3:20)



Intro: 16 counts after 1st beat (appr. 8 sec) Start with weight on L foot

Restart: On wall 4 after 16 counts (*) (3:00)

#1 section: □ Mambo R, mambo L, mambo fw. mambo back □

1&2 Rock R to R side, recover on L, step R next to L □ 12:00
3&4 Rock L to L side, recover on R, step L next to R □ 12:00
5&6 Rock fw. on R, recover on L, step R next to L □ 12:00
7&8 Rock back on L, recover on R, step L next to R □ 12:00

#2 section: □ Walk walk, shuffle fw. step ½ turn shuffle fw □

1-2 Walk fw. on R, walk fw. on L □ 12:00
3&4 Step fw. on R, step L next to R, step fw. on R □ 12:00
5-6 Step fw. on L, make ½ turn R stepping fw. on R □ 6:00
7&8 Step fw. on L, step R next to L, step fw. on L (* 3:00) □ 6:00

#3 section: □ Step ¼ turn, cross shuffle, side rock, behind side cross □

1-2 Step fw. on R, make ¼ turn L stepping L to L side □ 3:00
3&4 Cross R over L, step L to L side, cross R over L □ 3:00
5-6 Rock L to L side, recover on R □ 3:00
7&8 Cross L behind R, step R to R side, cross L over R □ 3:00

#4 section: □ Point R hold ball, point L hold ball, rocking chair □

1-2& Point R to R side, hold, step R beside to L □ 3:00
3-4& Point L to L side, hold, step L beside R □ 3:00
5-6 Rock fw. on R, recover on L, □ 3:00
7-8 Rock back on R, recover on L □ 3:00

Good Luck & N'joy!

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