

I'm From The Country

COPPER **KNOB**
BY STEPHEN

拍數: 48 牆數: 2 級數: Newcomer / Novice
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音樂: I'm from the Country - Tracy Byrd



SECT. 1: WALK FWD – KICK – WALK BACK - HOOK

1 - 2 Step right forward - step left fwd
3 - 4 Step right fwd – kick left
5 - 6 Step left bwd – step right bwd
7 - 8 Step left bwd – hook right in front of left

SECT. 2: LOCK STEP FWD

1 - 2 Step right fwd – lock left behind
3 - 4 Step right fwd – scuff left
5 - 6 Step left fwd – lock right behind
7 - 8 Step left fwd – scuff right

SECT. 3: STEP SIDE – SHUFFLE SIDE – ROCK CROSS – ¼ TURN LEFT SHUFFLE FWD

1 - 2 Step right side – step left beside right
3&4 Step right side - step left beside - step right side
5 - 6 Step left cross over right – recover weight on right
7 - 8 ¼ turn left and step left fwd – step right beside left – step left fwd (9.00)

SECT. 4: STEP FWD – GRAPEVINE LEFT - SCUFF

1 - 2 Step right fwd – step left beside right
3 - 4 Step right fwd – stomp left beside right
5 - 6 Step left side - step right behind
7 - 8 Step left side – scuff right

SECT. 5: GRAPEVINE RIGHT – ¼ TURN RIGHT SCUFF – TOE STRUT (with snap)

1 - 2 Step right side – step left behind
3 - 4 Step right side ¼ turn right – scuff left (12.00)
5 - 6 Touch left toe fwd – lower heel
7 - 8 Touch right toe fwd - lower heel

SECT. 6: LEFT KNEE – RIGHT KNEE – STEP TURN

1 Lower right heel and lift left heel, Bend left knee and push hips right, crossing left knee over right
2 Lower left heel and lift right heel, Bend right knee and push hips left, crossing right knee over left
3 - 4 Repeat 1-2
5 - 6 Step right fwd – ¼ turn left
7 - 8 Step right fwd – ¼ turn left (6.00)

Repeat and enjoy !!!

TAG 8 count (Wall 7 after 44 counts)

HIP BUMPS

1 – 2 Push hip to the right - push hip to the right
3 – 4 Push hip to the left - Push hip to the left
5 – 6 Push hip to the right - push hip to the right
7 – 8 Push hip to the left - Push hip to the left

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