

# Move Your Body

**COPPER** KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Anne Herd (AUS) - March 2017  
音樂: Move Your Body (Alan Walker Remix) - Sia : (CD: This Is Acting, Deluxe Edition - iTunes)



**Intro: Start on lyrics 16 counts in weight on L - Dance moves 1/4 CW**

## **RIGHT AND LEFT SIDE ROCK, BEHIND SIDE CROSS**

1-2-3&4      Rock R to side, Recover to L, Cross R behind L, Step L to side, Cross R over L  
5-6-7&8      Rock L to side, Recover to R, Cross L behind R, Step R to side, Cross L over R

## **SIDE TOGETHER, SIDE SHUFFLE, CROSS ROCK, 1/4 SHUFFLE FWD.**

1-2-3&4      Step R to side, Step L beside R, Side shuffle R stepping RLR  
5-6-7&8      Cross L over R, recover to R, Turn 1/4 L shuffle fwd. stepping LRL 9:00

## **SYNCOPATED WEAVE, HIP SWAY**

1-2&3-4      Step R to side. Step L behind R, Step R to side, Cross L over R, Step R to side  
5&6-7-8      Cross L behind R, Step R to side, Cross L over R, Step R to side as you sway hips RL

## **SIDE ROCK, CROSS SHUFFLE, 1/4 R, 1/4 R, CROSS SHUFFLE**

1-2-3&4      Rock R to side, Recover to L, Cross shuffle R over L stepping RLR  
5-6-7&8      Turn 1/4 R stepping back on L, Turn 1/4 R stepping R to side, Cross shuffle L over R stepping LRL [3:00]

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**Tags: There is a 4 count Tag at the end of walls 6 & 8. Add a rocking chair.**

**Contact: [anneherd@bigpond.com](mailto:anneherd@bigpond.com)**

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