

Open Arms

拍數: 48 牆數: 4 級數: Improver
編舞者: Nina Chen (TW) - May 2017
音樂: Open Arms - Journey



Intro: 24 counts (start on vocals)

Sec 1: CROSS ROCK - RECOVER - SIDE - SWAY

1-3 Rock LF over RF - Recover onto RF - Step LF to L
4-6 Sway (R L R)

Sec 2: L TWINKLE 1/4 TURN L - R TWINKLE 1/4 TURN R

1-3 Cross LF over RF - 1/4 turn L (9:00) step RF slightly to R - Step LF together
4-6 Cross RF over LF - 1/4 turn R (12:00) step LF slightly to L - Step RF together

Sec 3: HALF DIAMOND

1-3 Cross LF over RF - Make 1/8 turn L (10:30) stepping RF to R - Make 1/8 turn L (9:00)
 stepping LF back
4-6 Step RF back - Make 1/8 turn L (7:30) stepping LF to L - Make 1/8 turn L (6:00) stepping RF
 fwd

Sec 4: CROSS - RECOVER - SIDE. (x2)

1-3 Cross LF over RF - Recover onto RF - Step LF to L
4-6 Cross RF over LF - Recover onto LF - Step RF to R

Sec 5: WALTZ BOX

1-3 Step LF fwd - Step RF to R - Step LF beside RF
4-6 Step RF back - Step LF to L - Step RF beside LF

Sec 6: WEAVE - SIDE - DRAG

1-3 Cross LF over RF - Step RF to R - Cross LF behind RF
4-6 Step RF long step to R - Drag LF beside RF (Drag over 2 counts)

Sec 7: FWD - KICK - COASTER

1-3 Step LF fwd - Drag RF towards LF - Kick RF fwd
4-6 Step RF back - Step LF beside RF - Cross RF over LF

Sec 8: 1/4 TURN L FWD - SWEEP - CROSS - ROCK - RECOVER

1-3 1/4 turn L (3:00) Step LF fwd - Sweep RF (2 counts)
4-6 Cross RF over LF - Rock LF to L - Recover onto RF

Restarts:-

Wall 2 (9:00), Wall 6 (3:00), After 30 counts

Wall 4 (6:00), After 24 counts

Have Fun & Happy Dancing!

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