

Gimme Gimme

拍數: 48 牆數: 4 級數: Beginner / Improver
編舞者: Jane Gregory (UK) & Marc Mitchell (CAN) - March 2017
音樂: Gimme Some Lovin' - Thunder : (Album: Backstreet Symphony)



Track available from iTunes

Intro: Start dance on vocals

S1: RIGHT SIDE ROCK. CROSS TOE STRUT. LEFT SIDE ROCK. CROSS TOE STRUT

1 – 2 Rock Right to Right side. Recover onto Left
3 – 4 Cross Right toe over Left. Drop Right heel to floor
5 – 6 Rock Left to Left side. Recover onto Right
7 – 8 Cross Left toe over Right. Drop Left heel to floor

S2: SIDE RIGHT. DRAG (WITH SHIMMY). TOGETHER. HOLD/CLAP (X2)

1 – 2 Long step to Right on Right. Drag Left towards Right whilst shimmying shoulders (or improvise as you drag)
3 – 4 Step Left beside Right. Hold/Clap
5 – 6 Long step to Right on Right. Drag Left towards Right whilst shimmying shoulders (or improvise as you drag)
7 – 8 Step Left beside Right. Hold/Clap

S3: MONTEREY QUARTER TURN RIGHT. RIGHT HEEL FORWARD. TOGETHER. LEFT HEEL FORWARD. TOGETHER

1 – 2 Point Right to Right side. Quarter turn Right stepping Right beside Left (Facing 3 o'clock)
3 – 4 Point Left to Left side. Step Left beside Right
5 – 6 Touch Right heel forward. Step Right beside Left
7 – 8 Touch Left heel forward. Step Left beside Right

S4: SHUFFLE HALF TURN LEFT. BACK ROCK. SHUFFLE HALF TURN RIGHT. BACK ROCK

1&2 Shuffle half turn Left stepping Right. Left. Right (Facing 9 o'clock)
3 – 4 Rock back on Left. Recover onto Right
5&6 Shuffle half turn Right stepping Left. Right. Left (Facing 3 o'clock)
7 – 8 Rock back on Right. Recover onto Left

S5: SIDE RIGHT TOE STRUT. CROSS TOE STRUT (X2)

1 – 2 Step Right toe to Right side. Drop Right heel to floor
3 – 4 Cross Left toe over Right. Drop Left heel to floor
5 – 6 Step Right toe to Right side. Drop Right heel to floor
7 – 8 Cross Left toe over Right. Drop Left heel to floor

During counts 1 – 8 above place your Right hand on the Left shoulder of the person next to you

S6: CHASSE RIGHT. BACK ROCK. CHASSE LEFT. BACK ROCK

1&2 Step Right to Right side. Step Left beside Right. Step Right to Right side
3 – 4 Rock back on Left. Recover onto Right
5&6 Step Left to Left side. Step Right beside Left. Step Left to Left side
7 – 8 Rock back on Right. Recover onto Left

Start again

Enjoy and have fun and don't forget to SMILE!

Contacts: –

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