

Moi Aussi

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Cati Torrella (ES) - March 2011
音樂: I'm a Woman - Wynonna



[1-8]: RIGHT TOE STRUT, ROCK STEP, LEFT TOE STRUT, ROCK STEP

- 1 Touch Right Toe to right side
- 2 Step down Right Heel weight on RF
- 3 Rock back on Left Foot
- 4 Recover weight on Right
- 5 Touch Left Toe to left side
- 6 Step down Left Heel weight on LF
- 7 Rock back on Right Foot
- 8 Recover weight on Left

[9-16]: STEP, HOLD, ½ TURN, HOLD, STEP, HOLD, ¼ TURN, STOMP

- 1 Step forward on RF
- 2 Hold & Clap
- 3 ½ turn to left, weight on LF
- 4 Hold & Clap
- 5 Step forward on RF
- 6 Hold & Clap
- 7 ¼ turn to left
- 8 Stomp RF beside LF

[17-24]: SWIVEL to RIGHT, HITCH, SWIVEL to LEFT, HITCH

- 1 Swivel (twist) both heels to right side
- 2 Swivel both toes to right side
- 3 Swivel both heels to right side
- 4 Hitch LF
- 5 Close LF beside RF and Swivel both heels to left side
- 6 Swivel both toes to left side
- 7 Swivel both heels to left side
- 8 Hitch RF

[25-32]: STOMP, KNEE POPS WITH ¼ TURN, JAZZ BOX ¼ TURN RIGHT

- 1 Stomp RF forward
- 2-4 3 Knee Pops with both heels turning at same time ¼ to left
- 5 Cross RF over LF
- 6 Step LF back
- 7 ¼ Turn right and Step RF to right side
- 8 Step LF forward

START AGAIN

Note: For really beginner dancers you can do Jazz box without turn, and it becomes a 1 wall line dance