

Nice Smile

拍數: 64 牆數: 2 級數: Novice
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音樂: Your Smile - Josh Turner : (2Step)



[1-8]: STEP, ½ TURN, WALK x3

1-2 Slow □ Step forward on RF
3-4 Slow □ ½ turn to Left, weight on LF
5 Quick □ Step forward on RF
6 Quick □ Step forward on LF
7-8 Slow □ Step forward on RF

[9-16]: TOE, TOE, SAILOR STEP

1-2 Slow □ Touch Left Toe forward
3-4 Slow □ Touch Left Toe to left side
5 Quick □ Step LF behind RF
6 Quick □ Step RF slightly to the right
7-8 Slow □ Step LF slightly to the left

[17-24]: Right SIDE ROCK STEP, WAVE TO LEFT

1-2 Slow □ Rock RF to right side
3-4 Slow □ Recover weight on LF
5 Quick □ Step RF behind LF
6 Quick □ Step LF to the left side
7-8 Slow □ Cross RF over LF

[25-32]: Left SIDE ROCK STEP, WAVE TURNING to Right

1-2 Slow □ Rock LF to left side
3-4 Slow □ Recover weight on RF
5 Quick □ Step LF behind RF
6 Quick □ ¼ turn to right and Step forward on RF
7-8 Slow □ Step forward on LF

[33-40]: HEEL, HOOK, HEEL, FLICK, HEEL, HOOK, STOMP

1 Quick □ Touch Right Heel forward
2 Quick □ Hook RF cross over LF
3 Quick □ Touch Right Heel forward
4 Quick □ Flick RF back
5 Quick □ Touch Right Heel forward
6 Quick □ Hook RF cross over LF
7-8 Slow □ Stomp RF forward

[41-48]: ROCK STEP TURN, SAILOR STEP

1-2 Slow □ Rock forward on LF
3-4 Slow □ Recover weight on RF and Rondé LF turning ¼ to left
5 Quick □ Step LF behind RF
6 Quick □ Step RF slightly to the right
7-8 Slow □ Step LF slightly to the left

[49-56]: ROCK STEP, COASTER STEP

1-2 Slow □ Rock forward on RF
3-4 Slow □ Recover weight on LF

- 5 Quick□Step back on RF
- 6 Quick□Step back pon LF, beside RF
- 7-8 Slow□Step forward on RF

[56-64]: WALK, WALK, WALK, HOLD

- 1-2 Slow□Step forward on LF
- 3-4 Slow□Step forward on RF
- 5-6 Slow□Step forward on LF
- 7-8 Slow□Hold

START AGAIN

TAG: At the end of 3rd wall (at 6:00) an 6th wall (at 12:00)

We have a 8 counts Tag

- 1-2 Slow□Lift right shoulder
- 3-4 Slow□Down right shoulder and Lift Left shoulder
- 5-6 Slow□Down left shoulder and lift right shoulder
- 7-8 Hold

And start again on count 1
