

Watch Me Shine

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Phrased Intermediate
編舞者: Kerly Luige (EST) - June 2006
音樂: Watch Me Shine - Joanna Pacitti : (CD: Legally Blonde Soundtrack)



Start dancing with the lyrics facing 3:00 - Sequence: ABA AAB AAA AAA

Part A: 32 counts

A1: 2 x Pivot 1/4 with Caribbean hips, Kick-ball-touch-ball, Touch, Touch

1, 2 Step right forward, make 1/4 turn to left ending weight on left foot
3, 4 Step right forward, make 1/4 turn to left ending weight on left foot
5&6 Kick right foot forward, ball on right, touch left foot to left side
&7 Ball on left, touch right foot to right side
8 Touch right foot next to left

A2: Step, Lock, Step-lock-step, Pivot 1/2-step, 3 x Heel bounces 1/2

1, 2 Step right forward, lock left foot behind right
3&4 Step right forward, lock left foot behind right, step right forward
5&6 Step right forward, make 1/2 turn to right ending weight on right foot, step left forward
7&8 Bounce heels 3 times making 1/2 turn to right (ending weight on left foot)

A3: 2 x Moonwalk, Coaster-step, Feet apart, Shoulder rocks

1, 2 Step right back sliding left foot next to right, step left back sliding right foot next to left
3&4 Step right back, step left foot next to right, step right forward
5, 6 Step your feet shoulder width apart (left, right)
7&8 Bend slightly your right knee as you are rocking your left shoulder to left side, straighten your right knee as you bring your shoulders back to normal position, bend slightly your right knee as you are rocking your left shoulder to left side (ending weight on left foot)

S4: Sailor-step 1/4, Step-lock-step, Rock-turn 1/2-step, Kick-step-touch

1&2 Step right behind left, step left to left side, step right forward making 1/4 turn to right
3&4 Step left forward, lock right foot behind left, step left forward
5&6 Rock right forward, recover weight on left foot, step right forward making 1/2 turn to right
7&8 Kick left forward, step left back, touch right foot next to left

Part B: 16 counts

B1: Weave, 2 x Sailor-steps & step

1&2& Step right behind left, step left foot to left side, step right across left, step left foot to left side
3&4& Step right behind left, step left foot to left side, step right across left, touch left foot to left side
5&6 Step left behind right, step right foot to right side, step left foot to left side
&7&8 Step right behind left, step left foot to left side, step right foot to right side, step left foot to left side

B2: Jazz-box, Kick-step-step, 2 x Pivot 1/4

1&2& Step right across left, step left back, step right foot to right side, step left foot next to right
3&4 Kick right forward, step right foot back, step left foot next to right
5, 6 Step right forward, make 1/4 turn to left ending weight on left foot
7, 8 Step right forward, make 1/4 turn to left ending weight on left foot

Restarts:

While dancing the A part for the third time dance pivot 1/2-step, 3 x Heel bounces 1/2 and then start over (facing the 9:00 wall)

While dancing the A part for the sixth time dance pivot 1/2-step, 3 x Heel bounces 1/2 and then start over

(facing the 3:00 wall)

Tag: After the second restart dance the A part and then do 2 extra 1/4 pivots to left before starting the A part for the eighth time

Optional ending:

While dancing the last A part (the tenth) instead of 3 x heel bounces you can kick right forward, step right foot to right side, step left foot to left side (and may-be take a pose)
