

Love Train

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jane Gregory (UK) - March 2017
音樂: Love Train - Big & Rich : (CD: Horse of A Different Colour. iTunes)



Count in: 32 counts from first heavy beat

WALK. WALK. SHUFFLE FORWARD. FORWARD ROCK. SHUFFLE BACK

1 – 2 Walk forward Right. Left
3&4 Step forward on Right. Step Left beside Right. Step forward on Right
5 – 6 Rock forward on Left. Recover onto Right
7&8 Step back on Left. Step Right beside Left. Step back on Left

BACK. CLAP. BACK. CLAP. BACK ROCK. QUARTER TURN RIGHT. CROSS. SIDE

1 – 2 Step back on Right. Hold/Clap
3 – 4 Step back on Left. Hold/Clap
5 – 6 Rock back on Right. Recover onto Left
7 – 8 Quarter turn Right crossing Right over Left. Step Left to Left side (3 o'clock)

BEHIND. SIDE. CROSS. SIDE ROCK. CROSS. BACK. COASTER STEP

1 – 2 Cross Right behind Left. Step Left to Left side
3&4 Cross Right over Left. Rock Left to Left side. Recover onto Right
5 – 6 Cross Left over Right. Step back on Right
7&8 Step back on Left. Step Right beside Left. Step forward on Left

DIAGONAL STEPS RIGHT. TOGETHER. RIGHT. TOUCH. DIAGONAL STEPS LEFT. TOGETHER. LEFT. TOUCH

1 – 2 Step Right diagonally forward Right. Step Left beside Right
3 – 4 Step Right diagonally forward Right. Touch Left beside Right
5 – 6 Step Left diagonally forward Left. Step Right beside Left
7 – 8 Step Left diagonally forward Left. Touch Right beside Left

During this section use your arms like a train – Choo choo!

Start again

Have fun and don't forget to smile!!

I've written this dance for my husband, Greg who is mad about steam trains. Hope you like it Hunny Bun X

Contact Jane Gregory on Facebook or jaynie.7@live.com