

Save The Last Dance EZ

拍數: 72 牆數: 4 級數: High Beginner
編舞者: Stephanie Chong (MY) - April 2017
音樂: Save the Last Dance For Me - Michael Bublé



The dance starts after 32 counts on the word 'dance'

SECTION ONE: (1-8) □□ Side Rock, Triple Steps (R & L)

1-2, 3&4 Rock R to side (1), Recover on L (2), Step R,L,R in place (3&4)
5-6, 7&8 Rock L to side (5), Recover on R (6), Step L,R,L in place (7&8)

SECTION TWO: (9-16) □□ Rhumba Steps Forward & Back

1-2-3-4 Step R to side (1), Step L beside R (2), Step R forward (3), Hold (4)
5-6-7-8 Step L to side (5), Step R beside L (6), Step L back (7), Hold (8)

SECTION THREE: (17-20) □□ Back Rock, Step, Hold

1-2-3-4 Rock R behind L (1), Recover on L (2), Step R in place (3), Hold (4)

SECTION FOUR: (21-28) □□ Side Rock, Triple Steps (L&R)

1-2, 3&4 Rock L to side (1), Recover on R (2), Step L,R,L in place (3&4)
5-6, 7&8 Rock R to side (5), Recover on L (6), Step R,L,R in place (7&8)

SECTION FIVE: (29-36) □□ Rhumba Steps Forward & Back

1-2-3-4 Step L to side (1), Step R beside L (2), Step L forward (3), Hold (4)
5-6-7-8 Step R to side (5), Step L beside R (6), Step R back (7), Hold (8)

SECTION SIX: (37-40) □□ Back Rock, Step, Hold

1-2-3-4 Rock L behind R (1), Recover on R (2), Step L in place (3), Hold (4)

SECTION SEVEN: (41-48) □□ Cross Rock, Cross, Hold (R&L)

1-2-3-4 Cross R over L (1), Recover on L (2), Cross R over L (3), Hold (4)
5-6-7-8 Cross L over R (5), Recover on R (6), Cross L over R (7), Hold (8)

SECTION EIGHT: (49-56) □□ Cross Rock, Cross, Hold (R&L)

1-2-3-4 Cross R over L (1), Recover on L (2), Cross R over L (3), Hold (4)
5-6-7-8 Cross L over R (5), Recover on R (6), Cross L over R (7), Hold (8)

SECTION NINE: (57-64) □□ Forward Mambo, Back Mambo

1-2-3-4 Step R forward (1), Recover on L (2), Step R back (3), Hold (4)
5-6-7-8 Step L back (5), Recover on R (6), Step L forward (7), Hold (8)

SECTION TEN: (65-72) □□ R Side Mambo, L Side Mambo ¼ Turn L

1-2-3-4 Step R to side (1), Recover on L (2), Step R beside L (3), Hold (4)
5-6-7-8 Step L to side (5), Recover on R (6), ¼ turn L Step L beside R (7), Hold (8) [9:00]

TAG: There is ONE 32ct tag to this dance. The tag is danced after Wall 2 and Wall 3.

T(1-8) □□ Chasse, Back Rock (R&L)

1&2 Step R to side (1), Step L beside R (&), Step R to side (2),
3-4 Rock L behind R (3), Recover on R (4)
5&6 Step L to side (5), Step R beside L (&), Step L to side (6)
7-8 Rock R behind L (7), Recover on L (8)

T(9-16) □□ Hip Rolls (1/2 turn left)

1-2-3-4 Roll hip anti-clockwise to make $\frac{1}{4}$ turn left

5-6-7-8 Roll hip anti-clockwise to make $\frac{1}{4}$ turn left

(Use R foot to do paddle turns)

T(17-24) □ □ Chasse, Back Rock (R&L)

1&2 Step R to side (1), Step L beside R (&), Step R to side (2),

3-4 Rock L behind R (3), Recover on R (4)

5&6 Step L to side (5), Step R beside L (&), Step L to side (6)

7-8 Rock R behind L (7), Recover on L (8)

T(25-32) □ □ Hip Rolls (1/2 turn left)

1-2-3-4 Roll hip anti-clockwise to make $\frac{1}{4}$ turn left

5-6-7-8 Roll hip anti-clockwise to make $\frac{1}{4}$ turn left

(Use R foot to do paddle turns)

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