

Mom's Word

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Low Boon Hua (SG) - April 2017
音樂: Listen to Mom (聽媽媽的話) - Jay Chou (周杰倫)



Dance Intro: 16 counts - Sequence: AA BB AA BB BA BB End

A(32 counts)

A1: □ R to R, L Sailor, back side cross, $\frac{1}{4}$ L, L Fwd, Pivot $\frac{1}{2}$ R, L Fwd R Lock Behind X2, L Fwd

1 2&3 Step R to R, cross L behind R, step R beside L, step L to L

&4& Cross R behind L, step L to L, cross R over L

5 6 $\frac{1}{4}$ L step L fwd, pivot $\frac{1}{2}$ R (3:00)

7&8& Step L fwd, lock R behind L, step L fwd, lock R behind L

A2: □ Fwd L $\frac{1}{4}$ L Hitch R, R cross L, Weave L, L side Mambo, R side Mambo

1 2 Step L fwd (Hitch R and turn $\frac{1}{4}$ L), cross R over L (12:00)

3&4& Step L to L, R cross behind L, step L to L, cross R over L

5&6 Rock L to L, recover back to R, step L beside R,

7&8 Rock R to R, recover back to L, touch R beside L (12:00)

A3: □ Skate RLRL, Diagonal L Rocking Chair, Rock R Fwd, $\frac{3}{8}$ R step R Fwd

1234 Skate R L R L (moving fwd)

5&6& Diagonal L (10:30) Rock R fwd, recover on L, rock R back, recover on L

7&8 Rock R fwd, recover on L, $\frac{3}{8}$ R step R fwd (3:00)

A4: □ Step L fwd, Pivot $\frac{1}{4}$ R, L Vaudeville, R Vaudeville, L Cross Shuffle

1 - 2 Step L fwd, $\frac{1}{4}$ R (6:00)

3&4& Cross L over R, Step R to R, touch L heel to L diagonal, Step L beside R

5&6& Cross R over L, Step L to L, touch R heel to R diagonal, Step R beside L

7&8 Cross L over R, step R to R, cross L over R (6:00)

B(32 counts) 12:00 (Listen to the music dance with hold & sweep)

B1: □ Step R, L Back Rock, Full L Turn, Sweep R Fwd

1234 R big step to R, hold (drag L to R), step L behind R, cross R over L

5678 $\frac{1}{4}$ L step L fwd, $\frac{1}{2}$ L step R back, $\frac{1}{4}$ L step L to L, sweep R back to front (12:00)

B2: □ R Cross Side Back, Sweep L Back, L Behind Side Cross, Hold

1234 Cross R over L, step L to L, step R behind L, sweep L from front to back

5678 Cross L behind R, step R to R, cross L over R, hold

B3: □ R Fwd, Hold, L Back, $\frac{1}{2}$ R, R Fwd, L Fwd, Hold, R Back, $\frac{1}{2}$ L, L Fwd

1234 Step R fwd (extend R hand fwd), hold, step L Back, $\frac{1}{2}$ R step R Fwd (6:00)

5678 Step L fwd (extend L hand fwd), hold, step R Back, $\frac{1}{2}$ L step L Fwd (12:00)

B4: □ R cross L, L back, R to R, L cross R, R back, L to L, R cross L, Unwind $\frac{1}{2}$ L

1 2 3 Cross R over L, step L back, step R to R

4 5 6 Cross L over R, step R back, step L to L

7 8 Cross R over L, unwind $\frac{1}{2}$ L

Ending □ Step R to R bring R hand up from L slowly drop down from R side

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