

My Journey In Life (帶著夢想去旅行)

(zh)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Amy Yang (TW) - 2017年04月
音樂: My Journey In Life With A Vision (帶著夢想去旅行) - Ada Zhuang (莊心妍)



Intro : 32 counts.

Sec. 1: SIDE, BESIDE, SIDE CHASSE, CROSS, RECOVER, CHASSE 1/4 TURN L

1-2,3&4 Step RF to R, Step LF beside RF, Step RF to R, Step LF beside RF, Step RF to R
5-6,7&8 Cross LF over RF, Recover onto RF, Step LF to L, Step RF beside LF, 1/4 turn L step LF
 forward(09:00)
1-2,3&4 右足右踏,左足併於右足旁,右足右踏,左足併於右足旁,右足右踏
5-6,7&8 左足交叉右足前,重心回右足,左足左踏,右足併於左足旁,左轉1/4左足前踏(09:00)

Sec. 2: CROSS, SIDE, SAILOR, CROSS, SIDE, SAILOR 1/4 TURN L

1-2,3&4 Cross RF over LF, Step LF to L, Cross RF behind LF, Step LF beside RF, Step RF to R
5-6,7&8 Cross LF over RF, Step RF to R, Cross LF behind RF, Step RF beside LF, 1/4 turn L step LF
 forward (06:00)
1-2,3&4 右足交叉左足前,左足左踏,右足交叉左足後,左足併於右足旁,右足右踏
5-6,7&8 左足交叉右足前,右足右踏,左足交叉右足後,右足併於左足旁,左轉 1/4左足前踏(06:00)

Sec. 3: SIDE, RECOVER, CROSS SHUFFLE, SIDE, BESIDE, FORWARD SHUFFLE

1-2,3&4 Step RF to R, Recover onto LF, Cross RF over LF, Step LF to L, Cross RF over LF
5-6,7&8 Step LF to L, Step RF beside LF, Step LF forward, Lock RF behind LF, Step LF forward
1-2,3&4 右足右踏,重心回左足,右足交叉左足前,左足左踏,右足交叉左足前
5-6,7&8 左足左踏,右足併於左足旁,左足前踏,右足鎖步於左足後,左足前踏

Sec. 4: Forward, RECOVER, 1/2 TURN R, FORWARD SHUFFLE, FORWARD, POINT 1/4 TURN R, CHA CHA

1-2,3&4 Step RF forward, Recover onto LF, 1/2 turn R step forward on RF, Lock LF behind RF, Step
 RF forward (12:00)
5-6,7&8 Step LF forward, Pivot 1/4turn R step on RF, Step LF beside RF, Step on RF in place, Step
 on LF in place (03:00)
1-2,3&4 右足前踏,重心回左足,右轉 1/2右足前踏,左足鎖步於右足後,右足前踏(12:00)
5-6,7&8 左足前踏,右軸轉 1/4右足踏,左足併於右足旁,右足踏,左足踏(03:00)

Start again.

Tags : After walls 1、 2、 6 & 7, add 2 counts tag (facing 03:00、 06:00、 06:00 & 09:00)

STEP, BESIDE

1 - 2 Small step RF to R, Step LF beside RF
1 - 2 右足右踏,左足併於右足旁

Ending : After wall 12 (facing 12:00)

結束:第十二面牆跳完(面向12: 00)

Have Fun & Happy Dancing !

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