Celebrate



拍數: 32 牆數: 4 級數: Beginner

編舞者: Pam Conner (USA) - March 2017

音樂: Celebrate - Jordin Sparks & Whitney Houston: (from the motion picture Sparkle)



Intro: 32 cts

STEP, TOUCH, STEP, TOUCH, FULL TURN R

1,2,3,4 Step R, touch L and clap, step L, touch R and clap

5,6,7,8 Full turn to R with R,L,R, touch L (Ab Beg weave R, behind L,R, touch L) (12:00)

STEP, TOUCH, STEP, TOUCH, 1 1/4 turn L

1,2,3,4 Step L, touch R and clap, Step R, touch L and clap

5,6,7&8 Turn to L stepping 1/4 L, 1/2 R, 1/2 turning shuffle L,R,L (9:00)

(Ab Beg weave L, behind R, 1/4 L and hold 5,6,7,8)

ROCK, RECOVER R, L, THEN R COASTER, ROCK, RECOVER L, R, 1/4 TURN SHUFFLE TO L

1,2,3&4 Rock forward on R, recover L, back R, back L, forward R

5,6,7&8 Rock forward on L, recover R, turn 1/4 to L with shuffle L,R,L (6:00)

(Ab Beg R rocking chair, R rock recover, then step back R, turn 1/4 step L)

PADDLE 1/2 TURN L, STEP R, PADDLE 3/4 TURN R, STEP L

1,2,3,4 Push off with R 3x while turning 1/2 L on L, step R

5,6,7,8 Push off with L 3x while turning 3/4 R on R, step L (9:00)

(Ab Beg seem to be able to do these steps....but they could just walk in place, 1/2 L, then 3/4 R, stepping each beat starting on R and ending on L)

TAG: □□8 cts, Beginning of wall 9 facing 12:00

1,2,3,4 Standing in place, step R while extending R hand out and down, repeat on L 5,6,7,8 Raise hands and arms, crossing in front and going up, around and down

OPTIONAL: At times in the dance, while you are paddling, the lyrics talk about celebrating "you, you, you". When that happens, I point to people in the audience on the "you" part as I am coming around, first right hand, then left.

Try it at a wedding or other celebration sometime....would be easy to teach on the fly and might make some people smile! Maybe even you :)

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