

I Love Rock & Roll

拍數: 112 牆數: 0 級數: Phrased High Beginner
編舞者: JMP (KOR), Un Sug-Chong & Kyoung Ja-Hong - April 2017
音樂: I Love Rock & Roll - KOYOTE



Sequence : CA BB AA CC DA BB BA AC CA CD D(Ending)

Intro Dance : (To the Right Step, Together, Step, Touch, behind To the Left) x 4

Main Dance

Part A – 32 counts

A1 (1-8) Walk Fwd R, L, R, Touch, Point, Point, Point, Touch

1-4 Step fwd RF-LF-RF, Touch LF Beside R
5-8 LF Side Point, LF fwd Point, LF Side Point, LF Touch beside L

A2 (1-8) Walk Back L, R, L, Touch, Point, Point, Point, Touch

1-4 Step fwd LF-RF-LF, Touch RF Beside left
5-8 RF Side Point, RF fwd Point, RF Side Point, RF Touch beside R

A3 (1-8) Sugar Foot, Hold – R, L

1-4 Touch RF toe to L beside, Touch RF heel to out, Step RF cross over L, Hold
5-8 Touch LF toe to R beside, Touch LF Heel to out, Step LF cross over R, Hold

A4 (1-8) Rocking Chair RF x 2

1-4 Rock Step fwd on RF, Recover to LF, Rock Step Back RF, Recover to LF
5-8 Rock Step fwd on RF, Recover to LF, Rock Step Back RF, Recover to LF

Part B – 32 counts

B1 (1-8) Vine Right Touch, Vine Left, Step Turn 1/4 Scuff

1-4 Step RF to right side, Cross LF behind R, Step RF to the right side, Touch LF next to R
5-8 Step LF to left side, Cross RF behind L, Turn 1/4 left stepping fwd on LF, Scuff RF fwd

B2 (1-8) Diag Step Fwd, Touch, Step Back, Touch, Flick, Tap, Flick, Together

1-4 Diag Step RF fwd, LF beside R, Diag Step LF Back, RF beside L
5-8 RF Flick Back, Tap RF next to L, RF Flick Back, Together RF beside L

B3 (1-8) Diag Step Fwd, Touch, Step Back, Touch, Flick, Tap, Flick, Together

1-4 Diag Step LF fwd, RF beside L, Diag Step RF Back, LF beside R
5-8 LF Flick Back, Tap LF next to R, LF Flick Back, Together LF beside R

B4 (1-8) (Step, Kick, Back, Touch) x 2

1-4 Step fwd RF, Kick LF fwd, Step down on LF, Touch RF Back
5-8 Step fwd RF, Kick LF fwd, Step down on LF, Touch RF Back

Part C – 32 counts

C1 (1-8) Vine Right, Heels, Toes

1-4 Step RF side, Cross LF behind R, Step RF side Touch LF beside R
5-8 Touch LF heel fwd Twice, Touch LF toe back Twice

C2 (1-8) Vine Left, Heels, Toes

1-4 Step LF side, Cross RF behind L, Step LF side Touch RF beside L
5-8 Touch RF heel fwd Twice, Touch RF toe back Twice

C3 (1-8) Swivel Right (heel, toe, heel), Flick, Swivel Left (heel, toe, heel), Flick

1-2 With weight on balls swivel heels right, with weight on heels swivel toes right

- 3-4 With weight on balls swivel heels right, LF Flick back
- 5-6 With weight on balls swivel heels left, with weight on heels swivel toes left
- 7-8 With weight on balls swivel heels left, RF Flick back

C4 (1-8) Toe Strut Jazz Box, Forward

- 1-4 RF Touch over LF, RF Drop Heel, LF Step Back on toe, LF Drop Heel
- 5-8 RF Side Step on toe, RF Drop Heel, LF forward Step on toe, LF Drop Heel

Part D – 16 counts

D1 (1-8) K-Step

- 1-4 Step fwd on RF diag, Touch LF beside R, Step fwd on LF diag, Touch RF beside L
- 5-8 Step back on RF diag, Touch LF beside R, Step back on LF diag, Touch RF beside L

D2 (1-8) 3/4 Turn Paddle

- 1-4 Make 1/4 turn left Point RF to RF Flick, Make 1/4 turn left, Point RF to RF Flick
- 5-8 Make 1/4 turn left Point RF to RF Flick, RF side touch, Touch RF beside L

HAVE FUN ---

Contact: (kiara26@hanmail.net)
