Only Young Once



拍數: 64 牆數: 4 級數: Improver 編舞者: Diana Dawson (UK) - April 2017

音樂: You're Only Young Once - Derek Ryan: (Album: Happy Man - amazon & iTunes)



Long intro – start at the end of the instrumental - CW direction

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S1: Rumba Box 1-4 5-6 7-8	Step Right to Right side. Step Left beside Right. Step back on Right. Hold Step Left to Left side. Step Right beside Left. Quarter turn Left stepping forward on Left. Hold (9:00)
S2: Rumba Box Back	
1-4	Step Right to Right side. Step Left beside Right. Step back on Right. Hold
5-8	Step Left to Left side. Step Right beside Left. Step forward on Left. Hold
S3: Right Forward, Touch, Forward, Touch, Side, Behind, Quarter Turn Right	
1-2	Step Right diagonally forward Right. Touch Left beside Right
3-4	Step Left diagonally forward Left. Touch Right beside Left
5-6	Step Right to Right side. Step Left behind Right.
7-8	Quarter turn Right stepping forward on Right. Hold (12:00)
S4: Step forward, Threequarter turn Right, Weave Left	
1-2	Step forward on Left. Pivot Half turn Right stepping forward on Right
3-4	Quarter turn Right stepping Left to Left side. Hold (9:00)
5-8	Step Right behind Left. Step Left to Left side. Cross Right over Left. Hold
S5: Rock Left, Recover, Cross, Rock Right, Recover, Cross	
1-4	Rock Left to Left side. Recover onto Right. Cross Left over Right. Hold
5-8	Rock Right to Right side. Recover onto Left. Cross Right over Left. Hold
S6: Weave Left x4, Rock Left, Recover, Cross	
1-4	Step Left to Left side, Step Right behind Left, Step Left to Left side, Cross Right over Left
5-8	Rock Left to Left side. Recover onto Right. Cross Left over Right. Hold
S7: Right step forward, Tap, Step back, Kick, Coaster Step	
1-2	Step forward on Right. Tap Left behind Right. (slightly towards Right diagonal)
3-4	Step back on Left. Kick Right forward. (straightening up to 9:00)
5-6	Step back on Right. Step Left beside Right.
7-8	Step forward on Right. Hold
S8: Walk forward x2, Step, Pivot Half Turn, Step forward	
1-4	Walk forward on Left. Hold/Clap. Walk forward on Right. Hold/clap

Start Again

5-8

Tags: End of Wall 1 facing 3:00 o'clock, and Wall 4 facing 12:00 o'clock Right side rock, Recover, Right back rock, Recover

1-2 Rock Right to Right side. Recover onto Left3-4 Rock back on Right. Recover onto Left

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Step forward on Left. Pivot Half turn Right. Step forward on Left. Hold (3:00)

