

Ciao Adios I'm Done

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Ria Vos (NL) - April 2017
音樂: Ciao Adiós - Anne-Marie : (Single)



Intro: 16 Counts (± 8 sec)

Side, Behind, ¼ R, Side, Behind, ¼ L, Step Pivot ¾ L, Ball-Cross, Point

1-2& Step R to R Side, Step L Behind R, ¼ Turn R Step Fwd on R (3:00)
3-4& Step L to L Side, Step R Behind L, ¼ Turn L Step Fwd on L (12:00)
5-6 Step Fwd on R, Pivot ¾ Turn L (3:00)
&7-8 Step on Ball of R to R Side, Cross L Over R, Point R to R side

(&) Point, Pull/Roll, & Point, ¼ L, Step-Lock, Step, Step ¼ R Cross

&1-2 Step R Next to L, Point L to L Side, 'Pull/Roll' body to L Side (weight on L Foot)
&3-4 Step R Next to L, Point L to L Side, ¼ Turn L Step weight Fwd on L (12:00)
&5-6 Step Fwd on R, Lock L Behind R, Step Fwd on R
7&8 Step Fwd on L, Pivot ¼ Turn R, Cross L Over R (3:00) ***Restart Point

Chasse ¼ R, Shuffle ½ R, Shuffle ½ R, Mambo Step

1&2 Step R to R Side, Step L Next to R, ¼ Turn R Step Fwd on R (6:00)
3&4 ¼ Turn R Step L to L Side, Step R Next to L, ¼ Turn R Step Back on L (12:00)
5&6 ¼ Turn R Step R to R Side, Step L Next to R, ¼ Turn R Step Fwd on R (6:00)
7&8 Rock Fwd on L, Recover on R, Step Back on L

Swivel Steps Backwds, Coaster Cross, Side Rock Cross, Ball-Cross x2 Turning ¾ L

1-2 Swivel L Toe to L Stepping R Back, Swivel R Toe to R Stepping L Back
3&4 Step Back on R, Step L Next to R, Cross R Over L
5&6 Rock L to L Side, Recover on R, Cross L Over R (Start Turning L)
&7&8 Step Ball of R to R Side, Cross L over R- Repeat Ball-Cross Turning ¾ Turn L (9:00)

Restart: On wall 4 After count 16 (6:00)

Contact: dansenbijria@gmail.com