

Mio

拍數: 32 牆數: 4 級數: Beginner
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音樂: Mío - Dr. Bellido : (Single - iTunes)



**Intro: 16 counts from when the beat kicks in and he starts singing 33 sec. seconds into track,
Dance begins with L crossed over R**

[1-8] Half turn chug, back rock, kick ball cross

1-2-3-4 (1234) Make half turn L stepping right, right, right, right 6.00
5-6 (5) Rock back on L, (6) recover onto R 6.00
7&8 (7) Kick L diagonally fwd., (&) step L next to R, (8) cross R over L 6.00

[9-16] Half turn chug, back rock, kick ball cross

1-2-3-4 (1234) Make half turn R stepping left, left, left, left 12.00
5-6 (5) Rock back on R, (6) recover onto L 12.00
7&8 (7) Kick R diagonally R, (&) step R next to L, (8) cross L over R

[17-24] Side, together, shuffle fwd., side, together, shuffle back

1-2 (1) Step R to R, (2) step L next to R 12.00
3&4 (3) Step fwd. on R, (&) step L next to R, (4) step fwd. on R 12.00
5-6 (5) Step L to L, (6) step R next to L 12.00
7&8 (7) Step back on L, (&) step R next to L, (8) step back on L 12.00

[25-32] Back rock, shuffle fwd., 1/4, cross shuffle

1-2 (1) Rock back on R, (2) recover onto L 12.00
3&4 (3) Step fwd. on R, (&) step L next to R, (4) step fwd. on R 12.00
5-6 (5) Step fwd. on L, (6) turn 1/4 R 3.00
7&8 (7) Cross L over R, (&) step R to R, (8) cross L over R 3.00

Start again and have fun

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