

Just Like I Treat You

拍數: 48 牆數: 2 級數: Improver
編舞者: Namida Dancers (CH) - April 2017
音樂: "Just Like I Treat You" by The Rolling Stones - Blue & Lonesome



Intro: 16 counts.

[1-8] □TOE STRUT WITH CLICK FINGERS R+L, SIDE TOUCH WITH CLAP R+L, OUT OUT, HEEL STAND, STEP DOWN JUMP JUMP

- 1&2& RF step forward on toe, RF step down and click with left fingers, LF step forward on toe, LF step down and click with right fingers
3&4& RF step to right, LF close on toe beside RF with clap, LF step to left, RF close on toe beside LF with clap
5&6 RF step diagonal forward, LF step diagonal forward, lift toes on both feet and stand on heels
7&8 step down on both feet, jump forward 2x and close feet

[9-16] □HEEL SPLIT 2x, TOE STRUT BACK 2x, COASTER STEP, STEP 1/4 TURN CROSS

- 1&2& Split both heels, close heels 2x
3&4& RF step back on toe, RF step down, LF step back on toe, LF step down
5&6 RF step back, LF close beside RF, RF step forward
7&8 LF step forward, pivot 1/4 turn right, LF cross over RF

[17-24] CHARLESTON STEPS 2x

- 1, 2 RF swing around and touch forward, RF swing around and touch next to LF
3, 4 LF swing around and touch back, LF swing around and touch next to RF
5, 6 RF swing around and touch forward, RF swing around and touch next to LF
7, 8 LF swing around and touch back, LF swing around and touch next to RF

[25-32] □HEEL GRIND 1/4 TURN, COASTER STEP, STEP LOCK STEP, ROCK STEP RECOVER 1/4 TURN

- 1, 2 RF heel grind 1/4 turn right, recover on LF
3&4 RF step back, LF close beside RF, RF step forward
5&6 LF step forward, RF lock behind LF, LF step forward
7&8 RF step forward, weight recover on LF, RF step 1/4 turn right

[33- 40] □VAUDEVILLES R, VAUDEVILLES L, HEEL CLOSE HEEL CLOSE 1/8 TURN 2x

- 1&2& LF cross over RF, RF step right, LF touch forward on heel, LF close beside RF
3&4& RF cross over LF, LF step left, RF touch forward on heel, RF close beside LF
5&6& LF touch forward on heel 1/8 turn, LF close beside RF, RF touch forward on heel, RF close beside LF
7&8 LF touch forward on heel 1/8 turn, LF close beside RF, RF touch forward on heel

[41- 48] □COASTER STEP, FLICK CLOSE WITH CLICK 2x, KICK BALL STEP, RUN 3x

- 1&2 RF step back, LF close beside RF, RF step forward
3&4& LF heel lift up and click with fingers, LF heel step down, RF heel lift up and click with fingers, RF heel step down
5&6 LF kick forward , LF close beside RF, RF small step forward
7&8 LF run forward , RF run forward , LF Run forward

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