

Stay a Minute

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Susann Elisabeth Bjørkmo - April 2017
音樂: Stay - Zedd & Alessia Cara



Start after 48 counts on "make it on your own"

S1: touch x 2, coaster step, touch x 2, coaster step

1,2 touch right toe forward, touch right toe to right side.
3&4 step right back, step left next to right, step right forward.
5,6 touch left toe forward, touch left toe to left side.
7&8 step left back, step right next to left, step left forward.

S2: rock, recover, 1/1 turn right with sweep, rock, recover

1,2 Right rock forward, recover on left.
3 1/2 turn right by stepping right forward.
4,5 sweep left back to front while making 1/2 turn right.
6 step on left.
7,8 right rock forward, recover on left.

S3: shuffle, shuffle, rock, recover, 1/1

1&2 step right back, step left next to right, step right back.
3&4 step left back, step right next to left, step left back.
5,6 rock right back, recover on left
7,8 1/1 turn left by stepping back on right and forward on left

S4: 1/4 turn rock, recover, weave, rock, recover, weave

1,2 1/4 left by rocking right to right side, recover on left.
3&4 step right behind left, step left to left side, cross right over left.
5,6 rock left to left side, recover on right.
7&8 step left behind right, right to right side, cross left over right.

S5: Dorothy steps, step, 1/2 turn, 1/1 turn

1 ;2&: step right forward to right diagonal, lock left behind right, step right to right diagonal.
3 ;4&:step left forward to left diagonal, lock step right behind left, step left to left diagonal.
5,6 step right forward, make 1/2 turn left by stepping left forward.
7,8 1/1 turn left by stepping back on right and forward on left.

S6: rock, recover, coasterstep, rock, recover 1/1 turn

1,2 right rock forward, recover on left.
3&4 step right back, step left next to right,step right forward.
5,6 left rock forward, recover on right.
7,8 1/1 turn left by stepping left forward and right back.

S7: 1/4 turn shuffle, rock, recover, shuffle, rock, recover

1&2 1/4 turn left by stepping left to left side, right next to left, left to left side.
3,4 rock right back, recover on left.
5&6 step right to right side, left next to right, right to right side
7,8 rock left back, recover on right

S8: rock, recover, 1/1 turn, 1/4 turn rock, recover, coaster step

1,2 rock left forward, recover on right

3,4 1/1 turn left by stepping left forward and back on right.
5,6 1/4 turn left by rocking left to left side, recover on right.
7&8 step left back, step right next to left, step left forward.

**BRIDGE: 4 count Bridge on wall 2 after 26 counts: sway hips right, left, right, left.
Then finish the remaining counts of wall 2.**

Contact: susannelisabeth90@gmail.com
