

Play It Safe

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Play It Safe - Petric : (iTunes, amazon)



Intro: 32 Counts

Sec 1. Toe Strut, Cross Shuffle, Point & Point, ¼ Turn Step/Flick

1-2 Step Right toe to right side (1), Step Right heel down (2)
3&4 Cross Left over right (3), Step Right to right side (&), Cross Left over right (4)
5&6 Point right to right side (5), Step Right beside left (&), Point Left to left side (6)
7-8 Turn ¼ left on right foot (9:00) (7), Step down on left foot flicking right foot back (8)

Sec 2. Lock Step Forward, Cross Rocking Chair, Step, ¼ Rolling Pivot

1&2 Step Right forward (1), Lock left foot up behind right (&), Step right forward (2)
3&4& Cross Left in front of right (3), Recover weight on Right (&), Step Left back on left diagonal (4), Recover weight forward on Right (&)
5&6 Cross Left in front of right (5), Recover weight on Right (&), Step Left back (6)
7-8 Step Right forward (7), Roll hips around counterclockwise making ¼ turn left ending weight Left (8)

Sec 3. Cross, Hitch, Step/Hip Bumps (x2), Rock/Recover Heel

1-2 Cross Right over left (1), Hitch Left knee up (2)
3&4 Step Left to left side pushing left hip left (3), Bump Right hip right (&), Bump Left hip left (weight left)(4)
5&6 Step Right to Right side pushing right hip right (5), Bump Left hip left (&), Bump Right hip Right (weight right) (6)
7-8 Step Left forward (7), Recover weight back on Right flexing left foot onto the heel (8)

Sec 4. Coaster Step, Heel Jacks, 1/4Turn Rock/Recover

1&2 Step Left back (1), Step Right back beside left (&), Step Left forward (2)
3&4& Cross Right over left (3), Step Left back (&), Tap Right heel on the forward right diagonal (4), Step Right beside left (&)
5&6& Cross Left over right (5), Step Right back (&), Tap Left Heel forward on the left diagonal (6), Step Left beside right (&)
7-8 Step Right to right side making ¼ turn right (3:00) (7), Recover weight back on Left (8)

Enjoy!

Tag 1 – 16 Counts

Slow Cross Walk Forward

1-4 Step Right forward across left (1), Drag Left up to right (2), Step Left forward across Right (3), Drag Right up to left (4)
5-8 Step Right forward across left (5), Drag Left up to right (6), Step Left forward across Right (7), Touch Right beside left (8)

Slow Walk Back, Back/Back/Forward/Forward

1-4 Step Back Right on the right diagonal (1), Touch Left beside right (2), Step Left back on the left diagonal (3), Touch Right beside left (4)
5-6 Step Right back on the right diagonal (5), Touch Left beside right (6)
&7&8 Step Right back (&), Step Left back beside right (7), Step Right forward (&), Step Left up beside left (8)

Tag 2 – 4 Count Hold

