

Boom Pow

COPPERKNOB
BYEFOOTSTEPS

拍數: 32 牆數: 2 級數: Improver
編舞者: Flat Guo (CN) - April 2017
音樂: Boom Pow - Alexandra Stan : (Album: Alesta - 3:00)



#32 count intro (1 Restart occurring after count 16 on rotations 2 and 5)

[1-8] Side , Recover , Sailor , 1/4 Fwd , Fwd , Lock , Fwd , Lock

1-2 1) step R side 2) Recover to L
3&4 3) step R behind L &) stepping L to left side 4) step R to right side
5-6 5) Make 1/4 turn left stepping L forward 6) stepping R forward 【9:00】
7&8 7) Lock L behind R &) stepping R forward 8) Lock L Behind R 【9:00】

[9-16] Fwd , Fwd , Back , Lock , Back , Back , Hold , Back , Back , 1/2 turn

1-2 1) stepping R forward 2) stepping L forward
3&4 3) stepping R back &) stepping L lock over R 4) step R back
5-6 5) stepping L Toe back 6) hold
&7 &) stepping R next to L 7) stepping L back 【9:00】
8 8) Make 1/2 turn left stepping L down , R point to Right 【3:00】

RESTART : 2 and 5

[17-24] Fwd , Point , Unwind turn , Side , Swivel 【L-R-L-R】

1-2 1) stepping R forward make 1/4 R turn 【6:00】 2) point L to left
3-4 3) cross L behind R 4) unwind turn 4/4 L 【6:00】
& stepping R to right side
5& 5&) L swivel
6& 6&) R swivel
7& 7&) L swivel
8 8) R swivel

[25-32] Fwd , Touch , Back , Lock , Back , 1/2 R turn Fwd , 1/2R turn Back , Down , Lock

1-2 1) stepping R forward 2) touch L behind R
3&4 3) stepping R back &) lock R over L 4) stepping L back 【6:00】
5-6 5) Make 1/2 turn right stepping R forward 【12:00】 6) Make 1/2 turn right stepping L back
 【6:00】
7-8 7) stepping R down 8) Lock L behind R ; R hitch

Contact ~ Flat Guo Email: 934997859@qq.com