

Good Lovin'

拍數: 48 牆數: 4 級數: Intermediate
編舞者: José Miguel Belloque Vane (NL) & Julie Lockton (ES) - April 2017
音樂: Good Lovin' - Benjamin Ingrosso : (2:59)



Start: 10 seconds (on vocal "days")

S1: R heel grind, R coaster step, out out, in in, lock step fwd

1-2 Grind R heel fwd, step on L
3&4 Step back on R, step L to R, step fwd on R
5&6& Step fwd on L (wide step) , step R fwd (wide step), step back on L (back in), step back on R (back in)
7&8 Step fwd on L, lock R behind L, step fwd on L

S2: Rock recover, step back, step ½ turn, step, walk walk, lock step fwd

1- 2 Rock fwd on R, recover onto L
3&4 Step back on R, step back on L making ½ turn to 06:00, step fwd on R
5- 6 Walk fwd L, walk fwd R
7&8 Step fwd on L, lock R behind L, step fwd on L

S3: Press x 2, kick ball cross, ½ monetary turn, rock and cross

1- 2 Placing R toes fwd, press R heel down, up, down
3&4 Kick R fwd, step onto R, cross L over R
&5- 6 Point R to R side, bring R to L making ½ turn on spot to 12:00 taking weight onto R
7&8 Step L to L side, step back onto R, cross L over R

S4: Syncopated weave, vauderville, cross , step 1& ¼ turn

1- 2 Step R to R side, step L behind R
&3&4 Step R to R side (&), step L across R (3), step R to R side (&), place L heel fwd (4)
&5-6 Step down onto L (&), step R across L (5), step back on L making ¼ turn to 03:00 (6)
7-8 Step back on R making ½ turn to 09:00, step fwd on the L making ¼ turn to 12:00

S5: Sailor step, behind side cross, ¾ paddle turn

1&2 Step back on R, step L to L side, step back on to R
3&4 Step L behind R, step R to R side, cross step L over R
5-6 Step fwd on R making ¼ turn to 09:00
7-8 Step fwd on R making ½ turn to 03:00

S6: Cross rock, cross rock, Jazz box ½ turn, Jump

1&2 Cross R over L, rock L to L side, step onto R
3&4 Cross L over R, rock R to R side, step onto L
5-6 Cross R over L, step back on L making ½ turn to 03:00
7-8 Step fwd on R, jump fwd landing on both feet

TAG: After Wall 4, facing 12:00:

1 Step fwd on the L (keep R toes in place) with arms down by your sides
2-6 Staying still, raise your arms with palms up over counts 2-6
7 Take weight back onto R
8 Step L beside R

1-2 Step R fwd (wide), step L fwd (wide)
3-4 Step back on R (coming in), step back on L (coming in to meet R) ending with feet neatly together

END OF DANCE

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