

Bitty

拍數: 32 牆數: 4 級數: Improver
編舞者: Holly Easom (USA) - April 2017
音樂: Hey Bitty (Main) - Nitty : (Album: Player's Paradise)



Walk, Walk, Triple, 1/2 pivot, 1/4 pivot

1-2 Step RF forward (1), step LF forward (2)
3&4 Step RF forward (3), step LF next to RF (&), step RF forward (4)
5-6 Step LF forward (5), 1/2 turn R stepping RF forward (6) (6 O'clock)
7-8 Step LF forward (7), 1/4 turn R stepping RF to R side (9 O'clock)

Cross rock, 1/4 turn triple, 1/4 turn, Drag, Ball step

1-2 Cross and rock LF over RF (1), recover weight to RF (2)
3&4 1/4 turn L and step LF forward (3) (6 O'clock), step RF next to LF (&), step LF forward (4)
5-6 1/4 turn L while taking a big step with RF to R side (5) (3 O'clock), drag LF into RF (keeping weight on RF) (6)
&7-8 Step LF next to RF (&), step RF forward (7), step LF forward (8)

Kick ball step, Hip bump w/1/4 turn, Side, Cross, Sway, Sway

1&2 Kick RF forward (1), step RF next to LF (&), step LF forward (2)
3&4 Keeping weight on LF, 1/4 R and bump hips to the L (3) (6 O'clock), bump hips to R (&), bump hips to L (4)
5-6 Step RF to R side (5), Cross LF over RF (6)
7-8 Step RF to R while swaying hips to R side (7), sway hips to L, weight ending up on LF (8)

Two 1/2 pivots L, Jazz box w/ 1/4 turn

1-2 Step RF forward (1), 1/2 turn L and step LF forward (2) (12 O'clock)
3-4 Step RF forward (3), 1/2 turn L and step LF forward (4) (6 O'clock)
5-8 Cross RF over LF (5), step LF back (6), 1/4 R and step RF to R side (7) (9 O'clock), step LF next to RF (8)

Repeat!!

Contact: holly.easom@gmail.com
