

Wild Atlantic Way

COPPERKNOB
BY STEPHEN

拍數: 48 牆數: 0 級數: Phrased Intermediate Country Lilt
編舞者: Martina Bucco (DE) - April 2017
音樂: Wild Atlantic Way (feat. Yvonne Fahy & Trad on the Prom) - Marc Roberts :
(Album: Single)



Sequence: A A A-16 B A Break A-16 B B A A-16 B B-8 Ending

PART A: 32 counts

A[1-8] SIDE ROCK ,WEAVE ,SIDE ROCK ,WEAVE

1-2 right foot step right (weight on right foot, weight back on left foot)
3&4 right foot step behind left foot, left foot step left, right foot step over left foot
5-6 left foot step left (weight on left foot, weight back on right foot)
7&8 left foot cross behind right foot, right foot step right, left foot step over right foot

A[9-16] 4x STEP 1/4 TURN STEP ,HEEL, STEP CROSS STEP HEEL, STEP CROSS

1 Right foot step forward with 1/4 turn right,
&2 left foot step behind right foot, right foot step forward with 1/4 turn right
&3 left foot step behind right foot, right foot step forward with 1/4 turn right
&4 left foot step behind right foot, right foot step forward with 1/4 turn right
&5 left foot step left back, right heel touch diagonal right forward
&6 right foot step beside left foot, left foot cross over right foot
&7 right foot step diagonal right back, left heel touch diagonal left forward
&8 left foot step beside right foot, right foot cross over left foot

A[17-24] STEP 1/4 TURN ; FULL TURN ; ROCK STEP; 2 HOPS BACK ; COASTER STEP

1 left foot step forward with 1/4 turn,
&2 1/2 turn left, right foot step beside left foot, left foot step forward with 1/2 turn left
3-4 right foot step forward (weight on right), weight back to left foot,
5& right knee hitch with a hop back, right foot step back
6& left knee hitch with a hop back, left foot step back
7&8 right foot step back, left foot step beside right foot, right foot step forward

A[25-32] 1/4 TURN ; SIDE CROSS; SIDE CROSS; 1/4 TURN; 1/4 TURN; CROSS SHUFFLE

1&2 left foot step left with 1/4 turn right, right foot step in place, left foot cross over right foot
3&4 right foot step right, left foot step in place, right foot cross over left foot
5-6 left foot step back with 1/4 turn right, right foot step right with 1/4 turn right
7&8 left foot cross over right foot, right foot step beside left foot, left foot step right

PART B: 16 counts

B[1-8] STEP SWIVEL; STEP SWIVEL; COASTER STEP; STEP 1/2 TURN; STEP 1/2 TURN

1 left foot step back with both heels out, both heels in,
2 right foot step back both heels out, both heels in
3&4 left foot step back, right foot step beside left foot, left foot step forward
5-6 right foot step forward , 1/2 turn left
7-8 right foot step forward , 1/2 turn left

B[9-16] STEP ; CROSS ; STEP CROSS 1/1 TURN ; STEP ;CROSS; STEP, CROSS, FULL TURN L

1-2 right foot step right, left foot cross behind right foot
3&4 right foot step right, left foot cross over right foot , full turn right on both feet
5-6 left foot step left, right foot cross behind left foot
7&8 left foot step left, right foot cross over left foot, full turn left on both feet

Break at the Guitar riff 4 Counts and start with part A again

1-4 Free style

Ending: Repeat Part A counts 9-16

[9-16] □4x STEP 1/4 TURN STEP, HEEL, STEP CROSS STEP HEEL, STEP CROSS

- 1 right foot step forward with 1/4 turn right,
- &2 left foot step behind right foot, right foot step forward with 1/4 turn right
- &3 left foot step behind right foot, right foot step forward with 1/4 turn right
- &4 left foot step behind right foot, right foot step forward with 1/4 turn right
- &5 left foot step left back, right heel touch diagonal right forward
- &6 right foot step beside left foot, left foot cross over right foot
- &7 right foot step diagonal right back, left heel touch diagonal left forward
- &8 left foot step beside right foot, right foot cross over left foot

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