

Stomp Like Hell

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Rachael McEnaney (USA) - March 2017
音樂: Stomp Like Hell - Moonshine Bandits : (3:22)



Count In: 32 counts from start of track, dance begins on vocals. Approx 115 bpm

Notes: Special thanks to Joey Warren for suggesting this track

[1 – 8] R stomp, hold, L sailor, R behind, L side, R cross shuffle

1 2 Stomp R to right side (1), hold (clap hands / snap fingers / or nod your head for styling) (2) 12.00
3 & 4 Cross L behind R (3), step R next to L (&), step L to left side (4) 12.00
5 6 7 & 8 Cross R behind L (5), step L to left side (6), cross R over L (7), step L to left side (&), cross R over L (8) 12.00

[9 – 16] ¼ L rocking fwd L, L close, R fwd rock, R back, L back, R coaster step

1 2 Make ¼ turn left rocking forward L (1), recover weight R (2) 9.00
& 3 4 Step L next to R (&), rock forward R (3), recover weight L (4) 9.00
5 6 Step back R (5), step back L (6), 9.00
7 & 8 Step back R (7), step L next to R (&), step forward R (8) 9.00

[17 – 24] L fwd with hip bumps, ½ turn R forward with hip bumps, Dorothy Steps L-R

1 & 2 Touch L toe forward bumping hips forward (1), bump hips back (&), bump hips forward taking weight L (2) 9.00
3 & 4 Make ½ turn right touching R toe forward as you bump hips forward (3), bump hips back (&), bump hips forward taking weight R (4) 3.00
5 6 & Step L to left diagonal (5), lock R behind L (6), step L to left diagonal (&) 3.00
7 8 & Step R to right diagonal (7), lock L behind R (8), step R to right diagonal (&) 3.00

[25 – 32] L stomp, L close, R stomp, R close, L stomp, L heel swivel, full turning square to left stepping R-L-R-L

1 & 2 Stomp L forward (option to touch L heel instead) (1), step L next to R (&), stomp R forward (option to touch R heel instead) (2) 3.00
& 3 & 4 Step R next to L (&), stomp L forward (3), swivel L heel to left side (&), return L heel to place taking weight L (4) 3.00
5 6 Step R to right side (sliding L towards R) (5), make ¼ turn left stepping L to left side (sliding R towards L) (6) 12.00
7 8 Make ¼ turn left stepping R to right side (sliding L towards R) (7), make ¼ turn left stepping L to left side (sliding R towards L) (8) 6.00
& Make ¼ turn left on ball of left (ready to start the dance again) (&) 2:00

“counts 5 – 8 should make a square shape on the floor”

START AGAIN - HAPPY DANCING

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