

Simple Life

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Valentina Trigila (DE) - April 2017
音樂: Simple Life - Carolyn Dawn Johnson



PART A: 32 counts

Sect A1. □Step, Step, Heel R, Heel L, Step R in place, Vaudeville R, Vaudeville L

1-2&3&4 Step R forward, step L forward, heel R, heel L, step R in place and cross L over R
&5&6&7&8 Step R diagonally back and touch heel L, step L in place and cross R over L, Step L diagonally back and touch heel R, recover R, step fwd L

Sect A2. □Rock fwd, triple ½ turn, turn 1/2, coaster step

1-2-3&4 Rock R forward, recover on L, triple step ½ turn R (R, L, R)
5-6-7&8 step L forward ½ turn R, step R beside L, step L back, step R next L, step L forward

Sect A3. □Shuffle twice diagonally, rock step, triple ½ turn

1&2-3&4 Step R diagonally forward, step L back R, step R forward, step L diagonally forward, step R back L, step L forward
5-6-7&8 Rock step R forward, recover L, triple step R ½ turn (R, L, R)

Sect A4. □Shuffle twice diagonally, rock step, coaster step

1&2-3&4 Step L diagonally forward, step R back R, step L forward, step R diagonally forward, step L back R, step R forward
5-6-7&8 Rock step L forward, recover on R, step L back, step R next to L, step L forward

PART B: 32 counts

Sect B1. □Jumping Cross, Kick, Back & Kick (twice), kick ½ turn (twice), Rock back, Stomp

1&2&3&4 Cross R over L with hook L behind R, return on L with kick R, Rock step back R touch and kick L, twice
5&6-7&8 Kick R, flick L ½ turn, kick L, flick R ½ turn, rock back R, recover L, stomp R

Sect B2. □Jumping Cross, Kick, Back & Kick (twice), kick ½ turn (twice), Rock back, Stomp

1&2&3&4 Cross R over L with hook L behind R, return on L with kick R, Rock step back R touch and kick L, twice
5&6-7&8 Kick R, flick L ½ turn, kick L, flick R ½ turn, rock back R, recover L, stomp R

Sect B3. □Rock side cross (R-L), Toe strut (R-L), Coaster step,

1&2-3&4 Rock R diagonally back, recover L, cross R over L, Rock L diagonally back, recover R, cross L over R
5&6-7&8 Touch toe R, drop R heel, touch toe L, drop L heel, step R back, step L beside R, step R forward

Sect B4. □Wave, Rock step Full turn, Wave, Rock step Half turn

1&2&3&4 Step side L, cross R behind L, step side L, cross R over L, ¼ turn L and Rock forward on L, return on R, ¾ turn L and step L side
5&6&7&8&8 Step side R, cross L behind R, step side R, cross L over R, ¼ turn R and Rock forward on R, return on L, turn ¼ R and step R side.

Sequence: A-A-A (16)-B-B (16)-A-A (16)-B-B-B (40)-B-B-B (Final)

Contact: valecald09@gmail.com