

I Get By (Sometimes)

COPPER **KNOB**
BY STEPHEN

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Peter Harrison (IRE) & Manpat (IRE) - April 2017
音樂: Sometimes (Rumba / 26 Bpm) - Ballroom Orchestra & Singers : (Album: Rumba In The Jungle)



(Intro Approx 18 Seconds)

SECT 1: SIDE TOGETHER , SIDE SHUFFLE , CROSSING ROCKING CHAIR

1-2 Step Right To The Right Side , Step Left Next To Right ,
3&4 Side Shuffle To The Right On R-L-R
5-6 Cross Left Over Right , Recover Back On The Right .
7-8 Rock Back On The Left , Recover Forward On The Right.

SECT 2: 1/4 LEFT JAZZBOX , TOUCH , SIDE TOGETHER SHUFFLE FORWARD .

1-2 Cross Left Over Right , Step Back On The Right.
3-4 Step Left 1/4 Turn Left , Touch Right Next To Left.
5-6 Step Right To Side , Step Left Next To Right.
7&8 Shuffle Forward On R-L-R (9 O' Clock)

SECT 3: SIDE TOGETHER LEFT SHUFFLE FORWARD , RIGHT ROCKING CHAIR .

1-2 Step Left To Side , Step Right Next To Left .
3&4 Shuffle Forward On L-R-L ,
5-6 Rock Forward On The Right , Recover On The Left.
7-8 Rock Back On The Right (Looking Back Over The Right Shoulder)

Recover Forward On The Left. (9 O'clock)

SECT 4: ROCK RECOVER , 1/2 TURN , 1/4 TURN , BEHIND 1/4 TURN , STEP PIVOT 1/2 TURN.

1-2 Rock Forward On Right , Recover Back On The Left
3-4 Step Right 1/2 Turn Right , Step Left 1/4 Turn Right , (6 O'clock).
5-6 Step Right Behind Left , Step Left 1/4 Turn Left ,
7-8 Step Forward On Right, Pivot 1/2 Turn Left Putting Weight Forward
On The Left (9o'clock).

SECT 5: CROSS RECOVER , 1/4 TURN SHUFFLE , ROCK RECOVER , LEFT BACK LOCK STEP

1-2 Cross Rock Right Over Left , Recover Back On The Left ,
3&4 Step Right To The Right Side , Step Left Next To Right , Step Right Forward Into A 1/4 Turn
Right (12 O'clock) .
5-6 Rock Forward On The Left , Recover Back On The Right ,
7&8 Step Back On Left , Cross Right Over Left , Step Back On Left.

SECT 6: 1/4 SAILOR , CROSS ROCK RECOVER , SIDE , CROSS , SIDE TOGETHER ,

1&2 Step Right Back Into 1/4 Turn Right , Step Left Next To Right , Step Right Forward , (3
O'clock).
3-4 Cross Left Over Right , Recover Back On Right ,
5-6 Step Left To The Side , Cross Right Over Left ,
7-8 Step Left To The Side , Step Right Next To Left ,

SECT 7: COASTER STEP , PIVOT 1/4 TURN , HEEL SWITCHES , PIVOT 1/4 TURN ,

1&2 Step Back On Left , Step Right Next To Left , Step Forward On Left .
3-4 Step Forward On Right , Pivot 1/4 Turn Left , (Weight On Left) (12 O'clock)
5&6&8 Step Right Heel Forward , Step Right Next To Left , Step Left Heel Forward , Step Left Next
To Right ,

7-8 Step Forward Right , Pivot 1/4 Turn Left , (Weight On Left) (9 O'clock)

SECT 8: JAZZBOX 1/2 TURN , JAZZBOX CROSS (SEE NOTE AT THE BOTTOM)

1-2 Cross Right Over Left , Step 1/4 Turnright Back On Left ,

3-4 Step Right 1/4 Turn Right , Step Left Next To Right ,

5-6 Cross Right Over Left , Step Back On Left .

7-8 Step Right To The Side , Cross Left Over . (3 O'clock)

ENDING: You Will Finish Facing 3 O'clock Turn 1/4 Turn Left Stepping Right To The Side . (Ta Dah !!!!!!!)

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