

# Cheer Down

拍數: 64      牆數: 4      級數: Low Intermediate  
編舞者: Jenifer Wolf (CAN) - April 2017  
音樂: Cheer Down (2009 Mix) - George Harrison : (Album: Let It Roll)



Intro: 32 counts - CCW

## (A) WEAVE, TRIPLE, ROCK, REPLACE

1-2            Step right foot to right side, Cross left foot behind right foot  
3-4            Step right foot to right side, Cross left foot over in front of right foot  
5&6           Step right foot to right side, Step left foot beside right foot, Step right foot to right side  
7-8            Cross left foot slightly in front of right foot, Step right foot in place

## (B) □WEAVE, TRIPLE, ROCK, REPLACE

1-2            Step left foot to left side, Cross right foot behind left foot  
3-4            Step left foot to left side, Cross right foot over in front of left foot  
5&6           Step left foot to left side, Step right foot beside left foot, Step left foot to left side  
7-8            Cross right foot slightly in front of left foot, Step left foot in place

## (C) □STEP FORWARD, STEP, TRIPLE, TRIPLE, ROCK, REPLACE

1-2            Step right foot forward, Step left foot forward  
3&4            Step right foot forward, Step left foot beside right foot, Step right foot forward  
5&6            Step left foot forward, Step right foot beside left foot, Step left foot forward  
7-8            Step right foot forward, Step left foot in place

## (D) STEP BACK, STEP, TRIPLE, TRIPLE, ROCK, REPLACE

1-2            Step right foot back, Step left foot in back  
3&4            Step right foot back, Step left foot beside right foot, Step right foot back  
5&6            Step left foot back, Step right foot beside left foot, Step left foot back  
7-8            Step right foot back, Step left foot in place

## (E) □SIDE, ROCK, CROSS SHUFFLE, STEP, TURN ¼ R., TRIPLE FORWARD

1-2            Step right foot to right side, Step left foot in place  
3-4            Cross right foot over in front of left foot, Step left foot to left side, Cross right foot over left  
5-6            Step left foot to left side, Turn ¼ right onto right foot  
7-8            Step left foot forward, Step right foot beside left foot, Step left foot forward

## (F) □ROCK, REPLACE, TURN ½ R. TRIPLE, TURN ½ R. TRIPLE, ROCK, REPLACE

1-2            Step right foot forward, Step left foot in place (3:00 o'clock wall)  
3&4            Turn 1/2 right onto right foot, Step left foot beside right foot, Step right foot forward  
5&6            Turn ½ right step back on left foot, Step right foot beside left foot, Step left foot forward  
7-8            Step right foot back, Step left foot in place

## (G) LOCK FORWARD, BRUSH, LOCK FORWARD, BRUSH

1-2            Step right foot forward, Cross left foot behind right foot  
3-4            Step right foot forward, Brush left foot beside right foot  
5-6            Step left foot forward, Cross right foot behind left foot  
7-8            Step left foot forward, Brush right foot beside left foot

## (H) □STEP, TURN ½ LEFT, STEP, BRUSH, SWAY, LRL, HOLD

1-2            Step right foot forward, Turn ½ left onto left foot  
3-4            Step right foot forward, Brush left foot beside right foot

5-6 Step left foot to left side as you sway left, Sway right  
7-8 Sway left, Hold

**Restart: 16 counts, 1st. time facing 3:00 o'clock wall, dance A & B, then start over**

**Step Description may be copied without any alteration, except with the permission of the choreographer.  
All Rights Reserved.**

**Contact ~ E-mail: [dancewithwolfs@telus.net](mailto:dancewithwolfs@telus.net) - web site: [www.dancewithwolfs.com](http://www.dancewithwolfs.com)**

---