

# 15 In a 30

COPPER KNOB  
BY STEPHEN T. C.

拍數: 32      牆數: 4      級數: Improver  
編舞者: Jason Cowls - March 2017  
音樂: Body Like a Back Road - Sam Hunt



Restart – Wall 5, after 16 counts (follows the ball, change)

## LOCK STEP RIGHT, LOCK STEP LEFT, RIGHT ROCK STEP, BACK, ¼ LEFT SAILOR STEP,

1 & 2      Step forward R, step L behind R, step forward R  
3 & 4      step forward L, Step R behind L, step forward L  
5&6      Step R forward, recover weight back on L, Step back on R  
7&8      Cross step L behind right making a ¼ turn to L, Step R to right side, Step L fwd (9:00)

## SCISSORS STEPx2, RIGHT ROCK STEP, WALK BACK, BALL CHANGE

1&2      Rock R to right side, recover weight L, Cross R over L  
3&4      Rock L to left side, recover weight R, Cross L over R  
5&, 6, 7, 8&      Rock R forward, recover weight back on L, Step back R, L, Step back R, recover L  
(Restart here– Wall 5, after 16 counts (follows the ball change))

## ROCKING CHAIR x2, WEAVE, ¼ L turn

1&2&      R fwd step - recover weight on L - R back step – recover weight on L,  
3&4&      R fwd step - recover weight on L - R back step – recover weight on L making a ¼ turn left  
5&6&7&8      Step R to R, Step L behind R, Step R to R, Step L in front of R, turn ¼ L as you Step R to R,  
weight on L, Step forward on R

## FULL TURN, MAMBO, RIGHT SAILOR, LEFT SAILOR

1,2      ½ turn R stepping back on L foot, ½ turn R step forward on R  
3&4      Rock forward L, replace R, step L next to R  
5&6      R behind L - L step slightly to L side - R side step  
7&8      L behind R - R step slightly to R side - L side step

Step sheet written by Cindi Massengale - Contact: [dancewithcindi@aol.com](mailto:dancewithcindi@aol.com)