

My Mother's A Star

COPPERKNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Nina McMullan (N.IRE) - April 2017
音樂: Mama's a Star - Heather Myles



Happy Mother's Day March 2017 to 'Queen Ann', My Mammy who is My Friend, My World, MY STAR. Love you XXX

S1: STEP RIGHT, TOUCH LEFT, LEFT KICK BALL CROSS, LEFT SIDE ROCK, LEFT COASTER ¼ TURN LEFT

1-2 Step right foot to right side. Touch left foot beside right
3&4 Kick left forward, step left foot beside right, cross right in front of left
5-6 Rock left foot to left side, recover onto right
7&8 Making ¼ turn left step onto left foot , step right foot back, step left foot forward

S2: STEP RIGHT ½ TURN LEFT, SHUFFLE FORWARD RIGHT, STEP FORWARD LEFT ¼ TURN RIGHT, STEP FORWARD LEFT ¼ TURN RIGHT

1-2 Step forward on right make ½ turn left
3&4 Step forward right, step left beside right, step forward right
5-6 Step forward left make ¼ turn right
7-8 Step forward left make ¼ turn right

S3: WEAVE RIGHT, CROSS ROCK LEFT, CHASSE LEFT

1-2 Cross left foot in front of right, step right foot to right side
3-4 Cross left foot behind right, step right foot to right side
5-6 Rock left foot in front of right, recover onto right
7&8 Step left foot to left side, step right beside left, step left to left side

S4: WEAVE LEFT, CROSS ROCK RIGHT, CHASSE ¼ TURN RIGHT

1-2 Cross right foot in front of left, step left foot to left side
3-4 Cross right foot behind left, step left foot to left side
5-6 Rock right foot in front of left, recover onto left
7&8 Making ¼ turn right step right side, step left beside right, step right to right side **Tag 2 & restart

S5: CROSS LEFT POINT RIGHT, CROSS RIGHT POINT LEFT, JAZZ BOX LEFT WITH RIGHT TOUCH

1-2 Cross left in front right, point right to right side
3-4 Cross right in front left, point left to left side
5-6 Cross left foot over right, step right foot back
7-8 Step left foot to left side, touch right to right side

S6: CROSS RIGHT POINT LEFT, CROSS LEFT POINT RIGHT, JAZZ BOX WITH CROSS

1-2 Cross right in front of left, point left to left side
3-4 Cross left in front right, point right to right side
5-6 Cross right foot over left, step back left
7-8 Step right foot to right side, cross left in front of right

S7: FIGURE 8 VINE RIGHT

1-2 Step right foot to right side, step left foot behind right
3-4 Making ¼ turn right stepping right, making ¼ turn right step left
5-6 Making ¼ turn right stepping right, making ¼ turn right step left
7-8 Cross right behind left ,making ¼ turn left onto left

S8: CHASSE RIGHT, ROCK BACK LEFT, CHASSE LEFT, ROCK BACK RIGHT

- 1&2 Step right foot to right side, close left beside right, step right to right side
3-4 Rock back onto left, recover onto right
5&6 Step left foot to left side, close right beside left, step left to left side
7-8 Rock back onto right, recover onto left

TAG 1 – End of walls 1 & 3

ROCKING CHAIR RIGHT

- 1-2 Rock forward right, recover onto left
3-4 Rock back right, recover onto left

TAG 2 - during wall 5 after count 32 then restart dance facing 12o'clock

LEFT ROCK FORWARD COASTER STEP –

- 1-2 Rock forward left, recover onto right
3&4 Step left foot back, step right beside left, step forward left

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