

In Good Company

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jessica van Ostaeyen (DE) - April 2017
音樂: In Hell I'll Be in Good Company - The Dead South



Start after whistling ends (approx. 33 secs – 68 counts)

[1-8] 2x toe struts, r mambo fwd, hold

1-4 Touch right toe forward, drop right heel, touch left toe forward, drop left heel
5-7 Rock forward on right foot, recover onto left, step right beside left foot
8 Hold

[9-16] R coaster step, hold, mambo ¼ turn r, hold

1-3 Step left foot back, close right foot next to left, step forward on left foot
4 Hold
5-7 Rock forward on right foot, ¼ turn right (weight on left)
8 Hold

[17-24] Weave, rock fwd, stomp, stomp up

1-2 Cross left over right, step right to right
3-4 Cross left behind right, step right to right
5-6 Rock left foot forward, recover on right
7-8 Stomp left foot next to right, stomp up right foot (weight on left!)

[25-32] 2x kick-back, 2x toe struts

1-2 Kick right forward, step back with right foot
3-4 Kick left forward, step back with left foot
5-8 Touch right toe forward, drop right heel, touch left toe forward, drop left heel

Contact: jessica@anima-physio.com
