

Just Hold On

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - April 2016
音樂: Just Hold On - Steve Aoki & Louis Tomlinson : (iTunes)



(Intro: 2 count)

[S1] 2x Diagonal Fwd-&-Together, 2x Diagonal Back-&-Together

1&2 Step R diagonally right fwd, step L next to R, weight switch onto R
3&4 Step L diagonally left fwd, step R next to L, weight switch onto L
5&6 Step R diagonally right back, step L next to R, weight switch onto R
7&8 Step L diagonally left back, step R next to L, weight switch onto L (12:00)

[S2] Side Shuffle, Scoop 1/4L-Fwd, Together, Scoop 1/4L-Fwd, Brush

1&2 Step R to side, step L next to R, step R to side
3 4 Scoop L and turn 1/4L weight on R, step L fwd
5 6 Step R next to L, scoop L and turn 1/4L weight on R
7 8 Step L fwd, brush R (6:00)

[S3] Cross, Back, 1/4R Fwd, Step Pivot, Fwd, 1/2L, /1/2L

1 2 Cross R over L, step L back
3 4 Turn 1/4R step R fwd, step L fwd
5 6 Turn 1/2R weight on R, step L fwd
7 8 Turn 1/2L step R back, turn 1/2L step L fwd (3:00)

[S4] 1/4L Side Rock-Recover, Weave L, Cross-Point

1 2 Turn 1/4L and rock/step R to right side, recover weight on L
3 4 Cross R over L, step L to left side
5 6 Step R behind L, step L to left side
7 8 Cross R over L, point L toe to left side weight on R (12:00)*

[S5] Paddle Turn, Weave R, Shuffle Fwd

1 2 Step L fwd, turn 1/4R weight on R
3 4 Cross L over R, step R to right side
5 6 Step L behind R, step R to right side
7&8 L shuffle fwd (step L fwd, step R next to L, step L fwd) (3:00)

[S6] 2x Side Rock-Cross (Travelling Fwd), Scissor Cross, Back, 1/4R Side

1&2 Rock/step R to diagonally fwd, recover weight on L, step R fwd
3&4 Rock/step L to diagonally fwd, recover weight on R, step L fwd
5&6 Step R to right side, step L next to R, step/across R over L
7 8 Step L back, turn 1/4R step R to right side (6:00)

[S7] Fwd, Fwd, Step Pivot Turn, Cross-Point, Cross-Point

1 2 Step L fwd, step R fwd
3 4 Step L fwd, turn 1/2R weight on R
5 6 Cross L over R, point R to right side
7 8 Cross R over L, point L to left side (12:00)

[S8] 2x L Kick Ball Fwd, Side, Hold, 1/2L Side, Hold

1&2 Kick L fwd, step L next to R, step R fwd
3&4 Kick L fwd, step L next to R, step R fwd

5 6 L step to left side, hold (weight switch on R)
7 8 Turn 1/2L and L step to left side, hold weight on L (6:00)

Restart: After Wall 3 Count 32 (12:00)* step change: (Section 4 - count 7 8) change to
31 32 Cross R over L, step L next to R weight on L (12:00)*

Please contact me.

I will send Demo via e-mail as an attachment. (hirokocarlsson@gmail.com)
