Never Give Up



拍數: 32 牆數: 4 級數: Easy Intermediate

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音樂: Never Give Up - Sia: (Soundtrack from Lion - iTunes / Amazon)



Intro: Approximately 18secs into music. 8 counts after the horn instrument begins. (Optional Arms)

PRESS OUT, TOGETHER, PRESS OUT, TOGETHER, MAMBO 1/2, FULL TRIPLE,

1 Press R out to right side, R knee bent, (Look R, with praying hands at L shoulder level),

2 Step R next to L (Look fwd, bring praying hands to middle of chest),

Press L out to left side, L knee bent, (Look L, with praying hands at R shoulder level),

4 Step L next to R, (Look fwd, bring praying hands to middle of chest),

5&6 (Mambo ½) Rock R fwd, Recover on L, ½ Turn right, stepping R fwd, [6:00]

7&8 Full Triple turning right, (or Triple fwd),

ROCK FWD, RECOVER, 1/2 SAILOR CROSS, TOUCH, SWIVELS/BUMPS, BALL CROSS,

1-2 Rock fwd on R, Recover on L,

3&4 ½ Sailor Cross (Step R behind L, ½ turn right – stepping L to left side, Cross R over L,

& Touch L to side, [12:00]

5&6&7 Swivel L heel In, Out, In, Out, (as you Bump Hips R,L,R,L),

&8 Step on ball of L next to R, Cross R over L,

NC2, WEAVE, CROSS, SIDE, ROCK, CROSS, TWIST 1/4

1-2& (NC2) Big step on L to left side, Rock on Ball of R behind L, Recover stepping L across R,

3&4 Step R to side, Step L behind R, Step R to side,

5 Cross L over R.

Rock R out to side, Recover on L, Cross R over L,

8 Twist ¼ left (weight on L), [9:00]

BALL-CROSS X 4, SIDE-ROCK-CROSS, C-BUMP,

Step on ball of R next to L, Cross L over R, Step on ball of R to R side, Cross L over R, Step on ball of R to R side, Cross L over R, Step on ball of R to R side, Cross L over R, (Optional arms for counts 1-4 Look right as arms go straight out to right side, Palms facing right, popping shoulders slightly up, down, up, down... with the Cross shuffles)

5&6 Rock R out to right side, Recover on L, Cross R over L, (Optinal arms - Bring arms over head

to L side)

7&8 Drop arms, (C-Bump) Touch L out to left side as you Bump L,R,L, (weight on L),

*TAG – Happens one time, after Wall 7 (Take note that on Wall 7, it's the instrumental part in the song) PONY STEPS MAKING A FULL TURN RIGHT, STOMP [3:00] (Optional Arms – "Twisting Light Bulbs)

1&2& Step R 1/8 turn right, Step on ball of L next to R, Step R 1/8 turn right, Step on ball of L next

to R,

3&4&5&6&7 Repeat above steps, making a full turn,

8 1/8 Stomp L foot next to R (Praying hands), [3:00]