

A Different Beat

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Betsy Courant (USA) - April 2017
音樂: A Different Beat - Little Mix



Dance starts on lyrics (after 32 counts)

S1: Walk forward RL, shuffle forward, rock, recover, sailor step with ½ turn left

1 - 4 1-2) Walk forward R, L, 3) step R forward, &) step L next to R, 4) step R forward
5 - 6 Rock forward L, recover R
7&8 7) Step L behind R, &) make ½ turn left stepping R next to L, 8) cross L over R - 6:00

S2: ¼ turn right walk RL, ½ turn right run RLR, step/knee pops (LR), boogie run (LRL)

1 - 4 1-2) Make ¼ turn right walk R. L, 3&4) make ½ turn right run RLR - 3:00
5 - 8 5) Step forward L popping R knee, 6) step forward R popping L knee, 7&8) boogie run LRL

S3: Walk forward RL, right mambo, step back L, cross R over L, step back L, cross R over L, step back L

1 - 2 1-2) Walk forward R, L
3&4& 3) Step R forward, &) recover L, 4) step R next to L, &) step back L
5 - 6 5) cross ball of R over L, 6) step back L with left leg open and toes pointed to 12:00 as you roll right foot down from toe to heel (weight should be on L with right toe pointed up)
7 - 8 7) Cross ball of R over L, 8) step back L with left leg open and toes pointed to 12:00 as you roll right foot down from toe to heel (weight should be on L with right toe pointed up)

S4: R ball step, walk forward LR, step forward L, ½ turn swivel heels, hip bump ½ turn, hip bump ½ turn

&1-2 &) Step R next to L, 1) walk forward L, 2) walk forward R
3&4 3) step forward L, &) ¼ right as you swivel R heel in towards L, 4) ¼ turn right as you swivel L heel out - □9:00
5&6 5) Turn ¼ right touching R to right bumping hips right, &) turn ¼ right, 6) step forward R □ - 3:00
7&8 7) Turn ¼ right touching L to left bumping hips left, &) turn ¼ right, 8) step back L * - 9:00

(WALL 5: SEE BELOW TAG & RESTART)

S5: Step R to right side, L sailor, R behind, L to left side, cross, ¼ right, ¼ right chasse

1&2& 1) Step R to right side, &) step L behind R, 2) recover R, &) step L to left side
3 - 4 3) Step R behind L, 4) step L to left side
5 - 6 5) Cross R over L, 6) ¼ turn right stepping back on L
7&8 7) ¼ turn right step R to right side, &) step L next to R, 8) step R to right side - 3:00

S6: Syncopated cross rock steps (2x), jazz box

1,2& 1) Cross rock L over R, 2) recover R, &) step L to left side
3,4& 3) Cross rock R over L, 4) recover L, &) step R to right side
5 - 8 5) cross L over R, 6) step back R, 7) step back L, 8) cross R over L

S7: Step L to left side, R sailor, L behind, ¼ right, step, ½ turn right, left triple shuffle

1&2& 1) Step L to left side, &) step R behind L, 2) recover L, &) step R to right side
3 - 4 3) Step L behind R, 4) ¼ turn right step R forward - 6:00
5 - 6 5) Step L forward, 6) ½ pivot turn right step R forward - □12:00
7&8 7) Step L forward, &) step R beside L, 8) step L forward

S8: R forward, ½ turn left, step R forward, hold, ½ turn right, ½ turn right, left mambo step

1 - 4 1) Step R forward, 2) ½ pivot turn left step L forward, 3) step R forward, 4) hold □ - 6:00
5 - 6 5) ½ turn right step L back, 6) ½ turn right step R forward

7&8

7) Step L forward, &) recover R, 8) step L next to R

TAG / RESTART (WALL 5): Dance up to count 32, then do following 4 count Tag & Restart the dance
1 – 4 Step forward R, cross ball of L over R, $\frac{3}{4}$ turn over right shoulder taking weight L - 6:00
Restart dance
