Mothers' Heart



編舞者: Liew Peng Wah (MY) - March 2017

音樂: Mother's Heart (Leon Sum) by Teresa Teng



This dance is specially choreographed by me for my 11th Anniversary Mothers' Day Line Dance Party 2017 at Atria Shopping Gallery, Damansara Jaya, Petaling Jaya on Sunday 7 May 2017

"To Honour, To Acknowledge, and To Appreciate the Achievements, Contributions And Sacrifices Of All Mothers."

Dance Sequence: Singing-Music/Singing-Music/Singing-Music. Restart Every Time After Singing –Music Section: Dance Sec 1 to Sec 5.

This dance is the same for Line Dance and for a Double Fan Chinese Fan Dance.

Intro: 4 X 6 counts

SEC 1:□ FORWARD STEPS AND BACK STEPS

1 - 3 Step L Forward, Step R Beside L, Step L In Place4 - 6 Step R Back, Step L Beside R, Step R In Place

SEC 2:□ REPEAT□SEC 1

SEC 3: LEFT BACK ROCK, SIDE

1 – 3 Step L Back Across R, Hold 2, Hold 3
4 – 6 Recover Onto R, Step L Beside R, Hold 6

SEC 4:□ RIGHT BACK ROCK, SIDE

1 – 3 Step R Back Across L, Hold 2, Hold 3
4 – 6 Recover Onto L, Step R Beside L, Hold 6

SEC 5:□ FORWARD CROSS ROCK, SIDE

1 – 3 Step L Across R, Recover Onto R, Step L Beside R
4 – 6 Step R Across L, Recover Onto L, Step R Beside L

SEC 6:□ LEFT TWINKLE AND RIGHT TWINKLE

1 – 3 Step L Across R, Step R To R, Recover Onto L
4 – 6 Step R Across L, Step L To L, Recover Onto R

SEC 7:□ LEFT STEP TOUCH AND RIGHT STEP TOUCH

1 - 3 Step L To L, Touch R Beside L, Hold 3
4 - 6 Step R To R, Touch L Beside R, Hold 6

END OF SINGING

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