

Bae

拍數: 48 牆數: 4 級數: Novice
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音樂: Bae - Marcus & Martinus



Restart after 32 counts in wall 5. facing 9.00

S1: WALK, WALK, TRIPLE STEP, RONDE, TRIPLE STEP RONDE, BEHIND SIDE FORWARD.

1 RF forward
2 LF forward
3 RF back LF
& LF on spot
4 RF on spot, ronde LF
5 LF step back
& RF step on spot
6 LF on spot, RF ronde
7 RF behind LF
& LF step right
8 RF cross forward LF

S2: CROSS, SIDE, BEHIND, SIDE, FORWARD, WISKS 2 times

1 LF cross over RF
2 RF step right
3 LF behind RF
& RF right
4 LF cross forward RF
5 RF step right
a LF back RF
6 RF on spot
7 LF step left
a RF back LF
8 LF on spot

S3: SIDE, BEHIND, SIDE, CROSS FORWARD, ¼ TURN LEFT, ½ TURN RIGHT, ¼ TURN RIGHT, SWAY LEFT, ¼ TURN RIGHT

1 RF right
2 LF backwards RF
& RF right
3 LF cross forward RF
4 ¼ turn left, RF forward
5 ½ turn right, LF step back
6 ¼ turn right, RF right
7 Sway left, weight on left
& 1/4 turn right, RF forward
8 ½ turn right, LF step back

S4: RONDE, SAILOR STEP, STEP, SAILOR STEP, SAILOR STEP, ½ TURN LEFT

1 RF ronde
2 RF back LF
& LF close RF
3 RF step diagonal right

4 LF close RF
& RF close LF
5 LF step diagonal left
6 RF close LF
& LF forward
7 RF forward
8 ½ turn left, weight on left

S5: KICK, TOUCH, KICK, TOUCH, MAMBO CROSS, BEHIND, SIDE, FORWARD

1 RF kick forward
& weight on RF
2 LF touch left
3 LF kick forward
& LF on spot
4 RF touch right
5 RF cross forward LF
& weight on LF
6 RF right
7 LF behind RF
& RF right
8 LF forward RF

S6: AND STOMP, SLIDE, BODY ROLL(OPTION) OR HOLD, HITCH KNEES, BALL CHANGE, ½ TURN LEFT

& RF stomp on spot
1 LF slide left
2 body roll left, or hold
3 hitch RF
& RF on spot
4 hitch LF
& LF on spot
5 RF forward
6,7,8 ½ turn left, weight on LF

Start again
